

Village Times

KERIKERI
RETIREMENT
Village

MARCH 2013 | ISSUE 1



Betty Petrie - Village Manager

2013 is going to be another amazing year at the village starting with our expansion plans.

Work is now taking place on both sides of the Care Facility as we progress the expansion of the Dementia Unit to meet demand for more beds. See pages 4 and 5 for more details.

Welcome... TO OUR NEWSLETTER

Also in this issue you get to meet our newest Trustee Mike Simm, find out more about our admin team and hear stories of the fun outings our residents have enjoyed over summer.

And finally we'd like to use this opportunity to ask for your help. As a not-for-profit organisation we meet the criteria and have entered the 'Toyota 25 Ways To Say Thanks Competition', where 25 registered charities win the right to use a Toyota for three years.

We would love to be able to sell our pool car and put that money

into the Dementia Wing project but as the winners are decided by the public we need your support.

To vote you can Google '25 Ways To Say Thanks', do a search on Facebook, or go to our website www.kerikerivillage.co.nz and follow the link through. It only takes a few seconds but you have to be a Facebook member to vote.

Even if you don't have a Facebook page, you can still help us by asking your children, friends, family, neighbours and anyone else you can think of to vote for us. We'll let you know how we get on.



On March 1st, Clarice Mclean celebrated her 100th Birthday with a party in the Social Centre.

Clarice and her sisters Doris, 97, Elsie, 93, and Phyllis, 86, all live here at the Village and it appears that longevity is in their genes with one Auntie living till the ripe old age of 108! Although if you ask Clarice the secret is to "eat healthily, lay off the smokes and drink and be kind to others".

Clarice turns 100!

According to her son Ron, "Mum's always smiling", and given her sense of adventure it seems she has had plenty to smile about over the years.

In the days her three children were at school Clarice went to night classes studying everything from "hairdressing to cake making and woodwork" as well as becoming an accomplished ten pin bowler.

She also became known as "Nana Rocket" due to the fearless way she drove her Skoda.

Clarice and her sisters
Doris and Elsie

Many of Clarice's children, six grandchildren and eleven great children as well as extended family and friends were on hand to help her celebrate.





Celebrating 10 Years of Service

Jan Bennenbroek, Clinical Manager, has just celebrated 10 years of service to the Kerikeri Retirement Village.

Jan started working with us as a Registered Nurse on 20th January 2003 and was promoted to the role of Clinical Manager in April 2007.

Jan is a highly respected nurse and we have all benefitted from her kindness, patience and compassion over the years.

Her commitment to her work is evident in her high standards and continued search for new and better ways to improve care of the elderly.

Introducing Mike Simm

My first encounter with the Village was helping my High School First XI cricketers recover errant cricket balls from residents' gardens. Exuberant youths on the loose in carefully tended gardens was not a good mix but led to a more conciliatory programme of engagement between the High School students and the residents on a number of projects in the following years.

Since then my mother-in law has become a resident and I have marvelled at the wonderful facilities, staff and community support that makes our Village so special.

My wife Lynn and I, together with our four children, moved to Kerikeri in 1990 after purchasing the Fuller's tourism business with two other partners. I worked in the business until we sold our shareholding in 2002, later becoming a Company Director in a variety of businesses across Northland and beyond.

I am currently Deputy Chairman of Top Energy and have several other directorships as well as a number of not-for-profit trusteeships. My accountancy qualification, business experience and knowledge of the Northland economy will hopefully make me a valuable contributor to the Kerikeri Village Board. I have also recently been sworn in as a Justice of the Peace and am happy to use that office to assist residents where I can.

Our four children were all educated at Riverview Primary and then Kerikeri High School before attaining university qualifications and heading off on their OEs. They are now settled(?) back in NZ.



Our eldest son Blair is married and he and his wife are expecting their first child, our first Grandchild, in March. Our two daughters, Laurel and Juliette are both engaged to be married this year and our youngest son Guy is enjoying his return to Auckland after an extended OE.

'Darby and Joan' are enjoying life between Kerikeri and our beach property at Te Ngaere but with the arrival of our Grandchild and with planning for two weddings underway, I suspect we'll be doing a few trips to Auckland this year.

I am looking forward to being part of the Board and adding value to the Village. I believe it's a wonderful asset to the community and one that we need to continue to support and grow so that we can enjoy it well into the future.



60th Wedding Anniversary

TREVOR & AVIS HOLLOW

BOB & JEAN SIMSON



Trevor and Avis Hollow were married on the 17th January 1953 in the Presbyterian Church at Pahiatua. Avis had seen the Wedding Gown she wanted advertised in the NZ Woman's weekly so she wrote to the Company sending them her measurements and in due course the Gown arrived back in the post - it was a perfect fit!

Trevor and Avis have 2 children Christine and Martin, one grandson and two granddaughters.

Trevor and Avis, who have lived in the Village for five years, celebrated their 60th Wedding Anniversary with family and friends at the RSA in Kerikeri.



Saint Valentine's Day has a special meaning for Cottage Residents Bob and Jean Simson. They were married on the 14th of February 1953 at the Presbyterian Church in Sedon, (about 12 Miles out of Blenheim). The Reception, held in the Sedon Town Hall, was attended by 80 People and Jean wore a gown of embossed white silk.

Today Bob and Jean have two daughters, a son, eight grandchildren and five great grandchildren.

To celebrate their 60th Wedding Anniversary they had a luncheon for 20 people at Windross House in Cockle Bay, Auckland.



Welcome to



Bruce & Mary Connon



Isobel Prisk



Neil & Valerie McNeill

Building Progress

As you are probably aware an increased need for care, and in particular specialised care for those with dementia, means that we currently don't have enough beds to meet demand. This has meant some families have had to place a parent in care in Whangarei until a room becomes available locally.

To increase capacity we have undertaken a significant expansion project which will enable us to provide an additional three bedrooms and upgrade the kitchen living and dining areas in the Dementia Unit. We will also be adding two new bedrooms in the rest home and extending the main kitchen.

Building commenced in January and we are now about a third of the way through the project having completed one of the dementia rooms, some service rooms and the new entrance into the dementia wing.

Also well on its way is the new lounge and dining area in the Dementia Unit with new carpet and vinyl about to be laid and the new kitchen installation imminent.

Work has also started on the new laundry and household management area and this is expected to be finished near the end of April.

The development will incorporate some very useful new technology designed to make life easier for residents, their families and staff.

One such example is the improved access to the Dementia Unit which must remain secure to prevent those with dementia wandering off and getting lost. Until now it was necessary to manually enter a code to access or leave the unit but the new door, which is built of solid timber and resembles an ordinary front door, contains Electromagnetic Proximity Locks.

This allows you to enter the Dementia Unit as you would any other part of the care facility but to leave, you must have an electromagnetic tag which automatically unlocks the door as you approach. This makes it faster for us to respond in an emergency and is a less conspicuous way of keeping our residents safe and secure. Family members and approved visitors will be issued with an access tag.

Another useful innovation is the installation of special movement sensors that alert staff to the fact that someone may need assistance getting out of bed, thereby reducing the risk of a fall.

The rooms we're adding are generously proportioned and have ensuites attached. They will have mod-cons such as electrically adjustable beds to help physically impaired residents get in and out of bed safely and pull switches to enable residents to activate lights from their bed. Every extra detail that we add allows residents to maintain their dignity and independence.

The extensions are a massive undertaking both logistically and financially with the project costing in excess of 1.2 million. Despite extensive planning and careful budgeting we have already encountered unforeseen expenses due to a recent change in regulations that requires us to upgrade the firewalls and fire doors in line with new standards.

And even without the extra costs that always occur in any building project, we are incredibly stretched to complete the renovation and provide the standard of facility that our elderly residents deserve. Over the page is an example of the fit out costs for one room. The fit out costs are not part of the 1.2 million we budgeted for the actual build and we need to fundraise to provide the fixtures and fittings.

We are a registered charity so if you'd like to make a general contribution, sponsor a piece of furniture or donate the cost of a whole room fit out, we'd be grateful for any support you can give us.

This is a particularly trying time for the residents and staff, especially in the Dementia Unit. It is noisy and dusty so if you have some spare time you might like to provide a reprieve by taking a resident out for a drive, a walk, a coffee or simply a change of scene within the Village.



Fit Out Costs for one room

Electric hi-lo bed	
Height adjusts to suit resident's needs	\$2,760
Pressure sensitive mattress	
Reduces risk of pressure point injuries	\$600
Height adjustable chair	
Height adjusts to suit resident's needs	\$758
Easy chair	\$746
Over bed table	
Keeps essentials readily at hand	\$220
Bedside locker	\$474
Black out drapes	
To assist restful sleep at any time of day	\$840
Toilet seat raiser	
Height adjusts to suit resident's needs	\$125
Shower seat	
Ensure resident safety while showering	\$298
TV Bracket	
Allows resident to watch comfortably from anywhere in their room	\$179
Total Room Furnishing Package	\$7,000

Those sponsoring a total room will have a plaque commemorating their contribution above the door



You can make a donation
at the office or online
kerikerivillage.co.nz/donations





Introducing the Admin Team

••• ADONA COX

I look after the Cottages and Apartments and their occupants. I have a hand in the refurbishment before showing and selling the Occupational Rights Agreements of the Apartments and Cottages.

I also assist with organising outings for the residents to all sorts of places which is great fun and I sometimes get to go along. Last month we went on a Daryl's Lunch Cruise around Opua and Russell, had morning tea at the Blueberry farm and had a picnic lunch at Opito Bay.

Of course there is the more serious side to my position such as dealing with loads of paperwork and handling any concerns the residents may have but I think this must be one of the greatest jobs a person could have!

••• ROBYN HORI

I have been at the Village for nearly 8 years. As Receptionist my job is extremely varied which is only one of the reasons I love my job so much.

When I am not greeting visitors or answering the phone at Reception, I am always on hand to help out with any requests from our residents, their families and staff.

I was born in Auckland and moved to Kaeo 27 years ago after meeting my husband Bill who is a Dairy Farmer. We have been married for 25 years and have three amazing children, (Krystal 24, Raku 23, Michael 16), and two equally amazing grandsons, (Jamaine 9, Joshua 7).

My life is just as varied as my job which doesn't leave a lot of 'me' time but I enjoy fishing, and dabbling in anything arty crafty.

••• LISA MCKEE-WRIGHT

My partner Mike is a builder and we have two daughters, Libby and Holly. We live at Waimate North on an Avocado Orchard that we planted 9 years ago.

In our spare time we like to go camping at any of Northland's amazing beaches and I also enjoy doing any type of handcraft and spending time in the garden.

We have a naughty pet Kune Kune pig called Bendex who once ate all the food we had packed ready for a camping trip.

Some might say I am the staff's favourite person because I do the payroll! Once a fortnight I process wages for over 100 Village employees and this can take up to two days to process.

*From left to right:
Robyn, Lisa, Alley and Adona.*

I also keep the creditors happy by paying the bills on the 20th of each month, handle all the invoicing for rentals, catering, Village Support, Social Centre hire and a host of other services we provide, prepare reports for Management and our Accountants, plus I take care of the reporting to the Northland District Health Board.

••• ALLEY ROWE

I grew up in Kerikeri and after a stint living in other parts of the world returned to live here 3 years ago with my husband Matt. We have a gorgeous dog named Neko and when we aren't working we spend a lot of our time throwing tennis balls for him!

I love working part-time at the Village, where you'll find me answering phones and keeping things organised. I am also here to help with any questions the residents may have.

Outside of the Village, I have a Wedding Photography Business that keeps me super busy through the summer months.

When I'm not editing screeds of images I enjoy being outdoors, running and walking whenever possible, and taking advantage of some of the great walking tracks Northland has on offer.

Earlier this year some friends and I walked the 'Cape Brett Track' out to the hole in the rock and another favourite of mine is the gorgeous Mahinepua track.

I love cooking and baking, and should probably be the size of a house due to my 'sweet tooth' but manage not to eat too much of what I make! If you pop into the village you might be lucky enough to taste my famous cupcakes!

For sale!

At present we have two 1 bedroom apartments undergoing renovations and these will be available to move into within the next six weeks but you'll need to quick as these apartments go quickly. **Call Adona Cox on 407 0136 for more info.**

Apartment 5 is situated on the front row of the pavilion will be freshly painted and has a fridge, microwave and hot plate.

Apartment 11 is one row back with a lovely garden court yard. This apartment will have a new kitchen complete with fridge, oven and hob.

Cottage 54 This very large cottage sits on the edge of the Village and has an internal access garage. It has three bedrooms, three bathrooms and the open plan kitchen, dining room and large lounge open out to a fenced backyard. With a fresh, modern décor this home is ready to move into now.



Summer in the Village

This time of the year has found us spending most of our day on our patio, relaxing and entertaining friends, who, like us admire the great results of the gardening team. The gardens are a considerable part of the pleasure we take in living here, particularly on our daily walks around the village.

The fine weather has seen us enjoying our Friday 'Happy Hour' gathered on the green with a birthday sausage sizzle adding to the enjoyment.

February was a busy month for the village activities with a movie meal deal, an entertaining exhibition of ballroom dancing, a picnic to Opi-to Bay (what a memorable lunch!), the film Cats shown in the social centre and finally, an outing to the Blueberry Farm.

All this, in addition to the usual activities in the Social Centre, keeps us very happily occupied.

Alan & Anne Collinson





Darryl's Lunch Cruise

In January we set off for lunch onboard 'Darryl's Diner' and had a gorgeous couple of hours cruising around the Bay of Islands.

The food was fantastic and there were lots of fun and games for those that wanted to join in.



Morning tea at Blue River Blueberry Farm

We recently visited the Blue River Blueberry farm in Waipapa where Justin Topzand, one of the owners, gave us a tour through a shade house and shared what's involved in growing and marketing blueberries.

We sampled their delicious Blueberry Ice Cream and Frozen Yogurt cones outside under the trees before returning home with punnets of freshly picked blueberries.



Quilt Donation

This amazing quilt was kindly donated by the granddaughter of one of our residents and will be raffled with proceeds going to the Dementia Unit extension currently underway.

Tickets for the single bed quilt can be purchased from Reception for \$2 or get three tickets for \$5

Diary Dates

Bus Trip

| Fri. 15th March |

to RSA Russell for lunch, St Patricks theme
price to be confirmed

Movie

| Wed. 20th March |

Movie Afternoon
Andrew Lloyd Webber,
The Royal Albert Hall Celebration

Train ride / lunch

| Fri. 12th April |

Train Ride and Lunch at Kawakawa
Visit to Alpaca Place on return
price to be confirmed

Our Thanks

We are very grateful to those who have already given towards to fit out of the new bedrooms, and living area and for equipment.

We still require a lot of help but we would like to give special thanks to Mr Trevor Dunne who left us a bequest in his will, Mrs Joyce Mason who has provided the fit out for an entire room and also to the Graveson Trust who have provided us with much needed pressure mattresses.

Grants have also been received from St Joans Charitable Trust and VMD Collier Charitable Trust for special shower chairs.