



## Welcome to



Graham & Joan Hordern.



Susan Hollows.



Tom Button.



Wilma Sutherland.



### Think Pink!

We like to get involved in whatever's going on in our wider community so in October we held a Pink Day to commemorate Breast Cancer Awareness Week.

Theme days create fresh fun for staff and residents alike and in this case also enabled us to raise funds for a worthy cause.



### Gingerbread Decorating

## Meet New Board Director Angela Sanson



Kerikeri Retirement Village is aligned with Presbyterian Support Services and Angela, who lives in Waikato, is their representative.

She also serves on the Board of The Waikato Social Services Christian Village Trust and has been on the boards of several charities.

Angela holds an Executive MBA and has completed the course in Company Direction with the Institute of Directors.

Her background is in Management and Finance and she worked in the Medical Pathology industry for over 20 years. She was self-employed

in property management and development for many years and is currently a Licensed Real Estate Salesperson.

Angela has three adult children and three grandchildren and a talking cockatiel called Spike.

In her spare time she enjoys playing bridge, reading, keeping an eye on what's happening in the real estate industry and supporting her local parish.

## Farewell to Coleen Allison

**After 11 years of loyal service Assistant Clinical Manager Coleen Allison is leaving us to enjoy early retirement.**

Coleen had a wealth of nursing experience in hospitals throughout New Zealand and the Pacific before joining us as a Registered Nurse. She was soon promoted to Assistant Clinical Manager working alongside (former) Clinical Manager Jan Bennenbroek.

About 6 years ago she also took on the role of Infection Control Manager which saw her training other staff in this area.

She has played an important part in Certification Audits and was integral in achieving our 4 year accreditation in 2017. Always keen to improve performance, Coleen

was part of our benchmarking team, helping to assess and compare our nursing performance against other retirement villages in the region.

Coleen has seen and been part of a lot of changes over the years, including the move to online rostering, electronic patient notes and digital interface with other Health Service Providers. A quiet achiever, known for her friendly supportive attitude, she's always lending a hand in the background. That's also where she likes to hide when there's a camera around but we did find a few pictures of her...

Coleen has lots of exciting travel plans and is looking forward to a cruise in early 2019. While we are sad to see her go, we look forward to the postcards and hearing all

about her adventures.

Her departure has caused us to rethink our structure and we have decided that we will replace her position with two Unit Co-ordinators who will be responsible for monitoring and promoting our health care systems and procedures. The new positions have been recruited internally and our congratulations go to Registered Nurses Angie Sherman, who heads up the Robinson Wing, and to Shy Chavez who now oversees the Paterson & Tui Wings.

Robyn Rihari (who shared the role of Assistant Clinical Manager with Coleen) will continue to provide support for our Nurses and Healthcare Assistants on a day to day basis and will remain the key liaison for family relations.



## Christmas Memories...

**Christmas is often a time of reminiscing and our Activities Co-ordinator Karen Hawtin, who hails from Canada, shared a couple of memories of her first Christmases in New Zealand.**

"We couldn't do much about a white Christmas but we were excited to have family coming from overseas. 26 years ago it wasn't common to have turkey for Christmas in New Zealand and I'm not even sure if you could buy one.

My Mom wanted it to be really memorable so she brought a turkey all the way from Canada. She put it in my Dad's luggage.... and then stood in a different customs queue.

He didn't even know he had a turkey in his luggage! She's never lived that down and even now she insists those customs men must have had a nice meal. We reckon that somewhere on his customs file it says 'turkey smuggler!'"

A few years later Karen and her family got a new boat and thought

it would be fun to spend Christmas day on the water.

"We packed a yummy picnic and zoomed out into the Bay. We stopped to go ashore and my eldest had the picnic. Just as he got off the boat it swung around on the anchor and sliced his heel open. My daughter was yelling "don't look Mum" and he's saying "let's eat!" We ended up having Christmas dinner in the Emergency room at Kawakawa Hospital while he got his heel stitched up."

Kathy Renner, our Clinical Manager, was a very curious five year old and her parents had to resort to bolting her brother's door on Christmas Eve to stop her going to his room and unwrapping all the presents before he woke. Too tempting!

Most of us have participated in the present shaking and squeezing ritual! Sometimes there are discoveries by accident. Frances Shaw (Village Manager) and her little brother found bicycles in the basement under the house in October and ran to their parents in excitement. Were they allowed to ride those bikes before Christmas? No they were not. It was a long wait...

This year Operations Manager Cheryl Silich will be making beautiful new memories. She has a dreamy white Christmas lined up as she travels to a little island off the coast of Canada, to meet her newest grandchild.

We hope that wherever you spend Christmas you have the opportunity to reminisce about past family celebrations and to create some happy new memories too.





## Christmas Parade

*the name is Bond...*  
**JAMES BOND!**

# 007

We went 007 for this year's Christmas Parade entry and Geran Brewer did a fantastic job of transforming our electric vehicles into Bond cars complete with knives on the wheels and rocket boosters on the back.

We had a number of James Bonds (young and old) to capture the villains, while a clutch of glamorous Bond 'girls' kept a close eye on villain Blofeld who was on the back of the golf cart grooving to the Bond theme.

It might have pelted down but we had a blast and nobody rained on our parade!

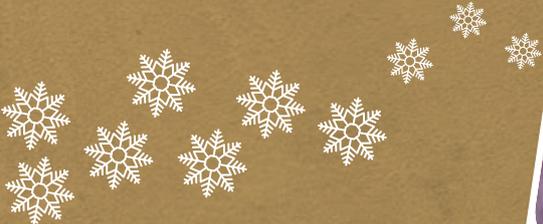


# *Thanks & Merry Christmas to our fabulous volunteers!*





## Variety Show





## On Safari At The Village

This year was the 31<sup>st</sup> Annual Kerikeri Rotary New World Garden Safari. The event, which took place on October 27 & 28, saw participants visit 18 gardens in a variety of styles and sizes, throughout Kerikeri and the surrounding districts.

And, for the first time ever, we were proud to participate by opening our gardens to the public. Many thanks to our wonderful gardeners and residents who helped to get our grounds looking fabulous for the event.



## Koast Art Trail

The fifth annual Kerikeri Open Art Studios Trail known as KOAST was held over Labour Weekend. Participants buy a map which allows them to visit a wide variety of artists, view their work and chat to them about their techniques and their inspiration.

A group of art lovers from the Village thoroughly enjoyed this year's trail and were impressed with the quality of oil, acrylic, watercolour and mixed media pictures, sculptures, jewellery, ceramics and weavings they saw enroute with one or two taking the opportunity to purchase some original works.



## Mental Health Awareness Week

**Mental Health issues affect everyone in our community, irrespective of age, gender, education or wealth.**

It's important to have conversations about both the problems and the support that is available. As awareness grows so too does our understanding of the need to take proactive measures to manage stress and take responsibility for our own mental health.

To that end, Operational Support Manager Cheryl Silich put together a week long programme in October focussing on physical, mental and

emotional well-being. Our team were encouraged to participate in the various activities which included long walks, gardening, yoga, relaxation breathing techniques, shared meals and other social gatherings.

The feedback has been excellent and in addition to provoking discussions about how to better look after ourselves we had an enormous amount of fun.



## Turning Soil



## Selling Fast – Apartments at 127 Kerikeri Road

We have turned the soil and our builders are making great progress transforming the site before our eyes. We expect the development to be finished by April 2020.

We are now taking names from people who wish to reserve an apartment for occupation licence. Prices are available on enquiry and we are not taking deposits at this stage. We will shortly extend our marketing nationwide so be in quick.

For those of you who have just joined our readership, we are building 30 modern, light and spacious apartments right here in town.

The apartments have been purpose designed by specialist architects Foley Group Limited and are a mix of 1 and 2 bedrooms plus 3 premium 2 bedroom over the two floors. Generously proportioned and built for easy living, they will have access to all of the Village facilities plus their own shared lounge and BBQ area.

### Sneak a Peak – Apartment floorplans

Check these plans out for size and style. We are accepting expressions of interest now so please contact Frances Shaw on 09 929 5836



## News across the ages



We recently hosted some Year 9 'journalists' from Springbank School. The would-be reporters interviewed our residents and then documented their stories in handcrafted books, accompanied by photographs and hand drawn illustrations.



This is the 4<sup>th</sup> year Springbank has run this initiative and hearing how earlier generations lived and the hardships they faced is as much a part of the lesson as learning how to structure a news article.

## Diary Dates

### CHRISTMAS BBQ

Dec 14<sup>th</sup> | 4pm

Village residents - Christmas BBQ, in the Social Centre. India Theme.

### CHRISTMAS CAROLS

Dec 21<sup>st</sup> | starting at 10am

Carols around the Village.

### AFTERNOON TEA

Jan 9<sup>th</sup> | 2.30pm

Wendywood Pavilion, in the Wendywood Lounge.

### QUIZ NIGHT

Jan 22<sup>nd</sup> | 4-6pm

In the Social Centre.

### BUS TRIP

Jan 25<sup>th</sup>

See website for details.

## Rotorua Run

In September Healthcare Assistants Caroline Hurunui and Turiti Bonney completed a 10.5km evening fun run & walk through the Redwood Forest in Rotorua. They ran in honour of the residents they care for and also to remember those who they have said goodbye to over the years.

Turiti says "caring for them is like the ocean... it comes in waves. Sometimes the water is calm and sometimes it is overwhelming and all we can do is learn how to swim".



Caroline Hurunui & Turiti Bonney.

She says she was proud to wear her Kerikeri Village branded T-shirt and to be recognised as one of many very special people that are carers here at the Village.

## A wee flutter!

Melbourne Cup Day is always a day of fancy hats and high excitement. This year, as well as the usual sweepstakes, we had a couple of horses visit our residents.

Actually they were Shetland ponies but the miniature equines brought big grins to all who patted them.

