

# Village Times

KERIKERI  
RETIREMENT  
Village

PAGE 1 | JUNE 2017



Hilary Sumpter - Chief Executive

## Welcome...

Top of mind for us is our recent Certification Audit for the Care Facility. For the first time ever we got a 100% Positive Audit and so much credit is due to our staff who pulled together as a team to make this happen. I'm extremely proud of this achievement for everyone and I'd like to thank our 'mock auditor', one Elizabeth Petrie, whose contribution helped us to achieve our goal.

We've invested in our Care Facility over the past few months which ultimately means better care for the people who call our Care Facility home.

Recently you may have heard about the Equal Pay Act which means our Caregivers, (who will in the future be known as Healthcare Assistants), will receive pay increases over the next five years. The agreement goes some way in valuing these incredibly inspiring

people for the work they do. I'm personally so thrilled for them, as I know our team works tirelessly to provide essential and loving care for people who are vulnerable.

As the winter closes in I'd like to acknowledge the amazing job our garden and maintenance staff do. We've had some crazy weather events over autumn – a couple of 100 year storms – and our outside teams worked really hard to clean up messes and fix problems. Thank you all, we wouldn't be the Village we are without you.

There have been lots of exciting things happening lately and there's a lot more to come some of which you'll see contained in the pages of this newsletter or on our new facebook page. Check it out at [www.facebook.com/kerikeri-retirement-village](http://www.facebook.com/kerikeri-retirement-village).

## 1Chart Success

In March we introduced 1Chart, a computer based medication system.

The medication prescription and administration chart is online and the doctors, pharmacy and facility staff all have access to it. This means a doctor can make amendments to the chart and the pharmacy and facility staff can see the changes immediately.

The Registered Nurses and Healthcare Assistants now have a samsung tablet (a small portable computer) on the medication trolley for the medication rounds. Staff visit each resident, look at their medication chart online,

check that list against the blister pack of medication, give the resident their medication and then sign for it on the tablet.

Doing it this way ensures the medication list is always up to date with the added back up of system alerts if staff haven't given or signed for a medication. The system also reminds doctors to undertake a medication review for their residents on a regular basis.

1Chart allows us to print reports quickly and easily and saves the time required to go through paper charts to manually record information. It makes medication administration safer, saves paper and improves the relationship between doctors, pharmacy and facility staff.



In our recent Certification Audit in April our medication system passed with flying colours, which is a wonderful endorsement of 1Chart. Those responsible for dispensing medications love the efficiency of 1Chart because ultimately it gives them more time to focus on our residents.

## Our 'Knitwits'

Our care facility residents have been knitting up a storm over these last few weeks and have created this beautiful wall hanging, a sea theme with tropical colours, which really brightens up our hallway.



The knitting group, who call themselves the "Knitwits", meet Wednesday afternoons in the Paterson Wing and enjoy knitting with a purpose. Sandra and Steph lead the group along with Steph's cat Molly, who is under strict instructions to stay away from the balls of wool!

Their next project is knitting "Fiddler Muffs" for residents who have restless fingers.

## Introducing Our New Staff

**PAUL CLAPTON**  
*Maintenance Assistant*



My name is Paul Clapton and I'm married to Jo Clapton who works in the Village Support team. We have two teenage daughters and run our own business building bespoke, luxury sleep outs.

I am a qualified mechanical engineer and have spent 27 years working in the power supply industry, much of which was in my home country of Wales.

During my time there I renovated and rebuilt a number of houses, including a cottage dated 1666. When I have any spare time my hobbies are jet ski fishing and any form of motorsport.

**HEATHER MAC MILLAN**  
*Staff Development Co-ordinator*



My name is Heather Mac Millan. I have been a Registered Nurse since 1999 and have extensive experience both in New Zealand and internationally, including time in South Africa and the USA.

I recently relocated with my husband and our two children to the "Winterless North" and spent a few months working here as a night duty Registered Nurse. Before that we were in Taupo where I spent 5 years co-ordinating clinical care in another residential care facility. Part of my role included staff development and I have developed a real passion for this based on years of assisting student nurses and new graduates. Coming from humble beginnings, I have learnt the value of education and professional development and hope to use this to encourage others to grow, with the ultimate aim of providing our residents with the safest and best care possible.

I am inspired by the words of Marian Wright Edelman who said, "Education is for improving the lives of others and for leaving your community and world better than you found it."

## Welcome to...



Peter Swaffield.



Heather Hellier.



## Long Service

We have five staff members who have recently achieved significant milestones in their service with Kerikeri Retirement Village.

Frank Lewis and Logan Strong have clocked up 10 years of employment while Mary Elliott, Robyn Rihari and Lillian Urrutia have all passed the 15 year mark.

For many years Frank was our Head Gardener, providing guidance and support for the trainee gardeners but in recent years he switched to the driver's team. He is also well known for his role as the Quiz Master at the village quiz nights.

Logan joined the gardening team ten years ago. We have also utilised his other talents designing and creating plaques for our Tui Wing which add colour, texture and interest to the environment.

Mary works as a Healthcare Assistant, in the Robinson Wing. For a while she moved to the cleaning team but we have since lured her back to caregiving.

Lillian is a Senior Healthcare Assistant in the Paterson Wing. She also works as part of the Village Support team providing in-home assistance to cottage residents.

Robyn currently works as a Registered Nurse but has also been our Quality Co-ordinator and Restraints Co-ordinator.

During their time here these staff members have seen huge changes in the village such as construction of the TCU (now called the Robinson Wing), the Hospice inpatient unit moving in (and out again), the recladding of the outside of Robinson Wing along with a great many other additions and alterations, and huge growth in our workforce.

What keeps them and our many other loyal staff here is the fantastic sense of community. Our team draws strength from each other. They encourage one another when faced with challenges and celebrate their successes. We are grateful to them all for their valuable contributions.



Mary Elliott & Lillian Urrutia



Frances Shaw & Frank Lewis



Frances Shaw & Logan Strong

## Nursing Students Learn On The Job

We have an agreement with NorthTec to provide placement for students undertaking their Registered Nurse degree.

We feel it's important that students are able to undertake as much of their training in their own community as possible.

We are pleased to be able to accommodate them and to perhaps provide opportunities for future employment.

The students come to us three days a week for five weeks in their first year of training. They have a tutor who provides support and supervision for them and we provide the learning environment and support while they are with us.

In May we welcomed three Student Nurses to the Village for their first placement. They are working in our Robinson Wing and are learning the basics of caring for a person. This includes assisting

with residents' daily hygiene as well as their spiritual, emotional and cultural needs.

Student Nurses have the opportunity to work as part of a team and learn the importance of time management skills and being a reliable team member.

It's a time for them to form relationships with our residents and put into practice the theory they have learned in the classroom.

## Safe Moving and Handling By Yvonne Hooper – Physiotherapist: Dip Phys MPNZ

It is very important to everyone working at the Kerikeri Retirement Village, that we maintain our residents' safety, dignity and respect when assisting them in any of their physical movements. We must also keep ourselves safe so that we are able to continue to do our jobs.



Moving and Handling covers the complete scope of practice that involves pushing, pulling, lifting, or levering and many of the same principles apply whether you are with an object or a person.

In March, Kerikeri Village Trust supported me to attend a two day course on Moving and Handling for residents in Hamilton. It was a very interesting and informative course. Mainly practical, it was well worth attending. I have returned with some updated techniques which I feel will improve the safety and comfort of both residents and carers and the affirmation that we are well equipped with slide sheets, moving and handling belts, standing hoists and sling hoists and good basic techniques.

### Principles for maintenance, gardening and household and other staff dealing with inanimate objects include:

- Maintain the natural curves in your back
- Your back is your own responsibility
- Know your limits
- Work as a team – communicate
- Remain active
- Shoulders and hips must stay in the same plane – avoid rotation
- Use your legs.

### The same principles also apply to Healthcare Assistants but also include the following considerations:

- Use the normal movement patterns of the body
- Maximum involvement of the resident
- "Just enough" assistance from the carer
- Maximum safety and comfort for all involved in the transfer.

We are in the process of holding three hour training sessions for the Registered Nurses and Healthcare Assistants to update the techniques and will continue with on the floor support and training. The use of our equipment with good technique helps prevent injury to our residents and staff.

We are committed to continue to improve the care of the residents and our workforce by using best practice techniques and high-quality care.

## Trip to Ngawha Geothermal Plant

Our Village residents recently enjoyed a fascinating tour around Ngawha Geothermal Plant which is sited on one of only two geothermal areas in New Zealand suitable for producing electricity.

They were invited to touch the warm insulated pipe carrying super-hot water from one of the

bores that supplies water from a depth equivalent to one and a half times the height of the Auckland Skytower. They were equally impressed by the exchange plant where the steam drives the turbines and the control room.

Engineer Ray Robinson explained that Ngawha supplies 25 Mega Watts of power (70% of all



electricity consumed in the Far North) and confirmed that Top Energy is planning to build two further plants of the same size, with the first due to come online in 2023.

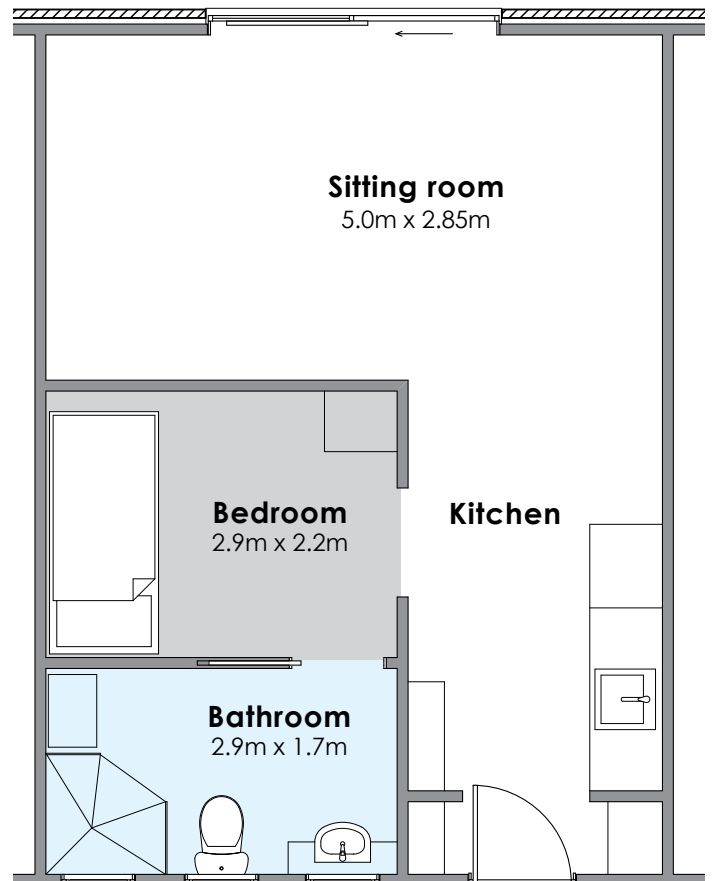
# OPEN HOME WENDYWOOD APARTMENTS

**WEDNESDAY, JUNE 14**  
10am - noon

Why rattle around in a big house when there are beautiful, perfectly appointed apartments in the heart of Kerikeri?

Set amongst beautifully tended gardens, our apartments have light, modern interiors with an outdoor patio.

Enjoy your privacy and independence but let someone else take care of the maintenance. And by moving into an apartment you can free up some capital to visit the family or take that holiday you've always dreamed of.



## FEATURES

Our one bedroom apartments are packed with features including:

- Generous size north facing lounge and patio
- Modern kitchen and hob
- Slimline fridge freezer
- Heaters in bathroom and lounge
- Indoor access to Pavilion Lounge, Laundry and Social Centre
- Wardrobe in bedroom, storage cupboard in bathroom
- Non-slip flooring in bathroom and walk in shower
- Heated towel rail
- Grabrails for toilet and bathroom
- Car parking available

**Only two apartments left at \$210,000**

FOR MORE INFORMATION CALL FRANCES SHAW ON 09 929 5836



## A Visit to Mancave

To keep life interesting for residents of our care facility, we arrange frequent outings and activities which are often based around a theme. The theme for May was 'Tools of the Trade' and included a trip to The Mancave in Waipapa.

A treasure trove of second hand tools and memorabilia, the shop stocks everything from fish smokers to tractor seats! The men saw many of the original tools of their trade and there was plenty to interest the ladies too. Of particular interest was a 1952 Ford Prefect that makes smoke.

Thank you to Jodi and the team at Mancave for making everyone so welcome and for the entertaining explanations of all the weird and wonderful stock.



### IMAGES:

- 1 – Frank checks out the bikes.
- 2 – Jodi and Michael figure out how it works.
- 3 – Ray takes a break.
- 4 – Dawn and David swapping stones.

## DIARY DATES

### Concert

**Monday 26<sup>th</sup> June | 2.15pm**

Concert from Mahora and Billy of The Maori Volcanics fame. In the Social Centre.

### Community Dinner

**Tuesday 4<sup>th</sup> July | 5.30pm**

In the Social Centre.

### Wendywood Afternoon Tea

**Wednesday 5<sup>th</sup> July | 2.30pm**

In the Wendywood lounge.

### Afternoon Movie

**Friday 14<sup>th</sup> July | 2.30pm**

Movie "Whisky Galore" in the Social Centre.

### Lunch at Russell RSA

**Friday 28<sup>th</sup> July | 10.30am**

Bus leaves reception.

## Village Home Support



Village Home Support helps seniors within the village and the wider community to stay in their own home for as long as possible.

Village support operates 7 days a week from 8am to 6.30pm. Their services include helping with:

- meal preparation & grocery shopping
- vacuuming, dusting, mopping, ironing & general housework
- transportation to with doctors and other appointments
- supervision of medication
- company

For more info ph 09 407 0070 or email [homesupport@kerikerivillage.co.nz](mailto:homesupport@kerikerivillage.co.nz)