



It's spring again and we can look forward to those longer, warmer days. That and a lot of activity for the Village.

Our apartments at 127 Kerikeri Road are still not started, as we sort out consenting issues, but the start is hopefully only weeks away. Have a look at the floor plans in this newsletter.

We said farewell to the wonderful Jan Bennenbroek in July and were extremely fortunate to recruit Kathy Renner, an experienced Clinical Manager, into Jan's role.

We've launched the Electric Vehicles and these are now for hire from reception for Village residents. It's exciting to be part of an energy efficiency innovation at the Village and we are looking for other opportunities where we can conserve, reduce and improve our energy consumption.

We're all thrilled that we can be part of Rotary's Garden Safari this year on October 27th and 28th. Our amazing gardening team will be working with some of our residents to having us looking pristine (no parking on the grass anyone!).

On July 27th we had a celebration ceremony for all the staff who have attained qualifications this year. My thanks to Heather MacMillan, our Staff Development Coordinator, who initiated this ceremony for friends and family to celebrate with our people here, who made personal commitments to upskill themselves. This is the start of a new tradition at the Village.

A huge thank you to all those generous, caring people who made donations to our new sensory chair. The generosity of the Kerikeri community continues to impress me and make me appreciate how lucky I am to live here.

Exciting news about the large retirement operator Arvida coming to town, catering for the massive wave of people reaching retirement age and choosing to live in villages. Plenty of people are looking to make Kerikeri their home as well as our own aging population. We are also pleased to be working with Council to support their development of infrastructure and resources that will meet the demands of our elders in our community.

The employment and economic ripple effect in the Far North will be significant as the retirement sector continues to grow.



Introducing our new Clinical Manager

Kathy Renner replaces Jan Bennenbroek who left us in July after 15 years of service. Kathy is responsible for ensuring the Care Facility residents receive the appropriate level of care. She also manages the Registered Nurses and Healthcare Assistants and handles all the reporting to the District Health Board and Ministry of Health.

Kathy has a Bachelor in Nursing and past roles include working in various hospitals in intensive care, orthopaedics and accident and emergency departments.

Born and raised in St Heliers, Auckland, Kathy moved to Tauranga in her early 20s to raise a family. She was later seconded to Hamilton to open a new care home and recently moved to Kerikeri where she joins us in the Village.

Despite working full time, the busy mother of four still finds time to enjoy her interests of cooking, gardening and fishing. She also has two cats and is looking for the right dog to join the family. In the future Kathy hopes to travel through Europe with her husband to explore their roots.

Welcome to ...

Welcome to new residents **Patricia Reynolds** (top), **Shirley Ann Wilkins** and her cat Pudley (bottom), and **Tammy Preece**. We hope you enjoy life at the Village.



We have a strong relationship with Northland Alzheimers so when they came up with an initiative to raise awareness of their organisation and services our Operational Support Manager, Cheryl Silich, literally jumped at the chance to help.

The 'Dare to Dive' campaign saw volunteers get sponsorship to skydive from a plane at 9,000 feet. Cheryl enlisted the help of Healthcare Assistant Amanda Millar who persuaded many staff and friends to sponsor the jump and between the pair they raised \$2,123 for the cause.

In total 30 participants raised a total of \$16,300 for Alzheimers Northland and, just as importantly, did a lot to raise the profile of the organisation.

Battle of the Ballroom - Take 2

The recent Mid North Hospice 'Battle of the Ballroom' fundraiser was a sell-out event. Even if the tickets had still been available the show was too late for many of our residents so we were thrilled when the dancers agreed to reprise the programme in our Social Centre.

Our residents thoroughly enjoyed the fabulous dancing and glamorous costumes and the performance was the talk of the Village for many days afterwards.



Rave reviews for 'Crumbs!'

A couple of months ago our residents made a video called 'Crumbs!' The two-minute Agatha Christie inspired whodunit was the brainchild of our Diversional Therapists Bernadette Waller and Sandra Trafford.

It was scripted and produced by professional Videographer and part-time Village Bus Driver Harley Alexander, with help from Maintenance Supervisor Anthony Chalder-Royle. The video stars our Social Club, comprising village residents and members of our surrounding community.

As well as being loads of fun to make, the video provided a stimulating learning opportunity for everyone involved. Those involved have been well and truly bitten by the movie bug and the community's response has delighted them. So stand by for more!



My Private Documentary

After reading many fascinating diaries left by his late grandfather, Videographer Harley Alexander kicked himself that he never asked his Pop and Mère to tell their life story on-camera.

There were so many adventures; so many forgotten details about the time his grandparents lived in; and, most importantly a video would have captured the way they held themselves, laughed, reminisced and demonstrated their love for each other.

It was from this reflection that My Private Documentary was born and Harley launched the business back in 2015.

Capturing other people's life stories on camera, My Private Documentary is centred around an autobiographical on-camera interview, that can be accompanied by photos or home movies.

Harley creates a video memoir of your life, career and adventures as told by you. Think of it as a personal 'This Is Your Life' episode that can be shared with family, friends and generations to come.

The videos make a unique gift and are often given to celebrate a significant birthday, retirement or other milestone.

If you'd like to talk to Harley about how you, or someone you love can commission a Private Documentary call 09 407 9836 or email info@myprivatedocumentary.com



Celebrating hard work and success

As we've said before, we encourage and support all of our staff to achieve national certification in their chosen field. As well as ensuring that our team is up with the latest practises and industry innovations, further education fosters a culture of continuous improvement and shows our community that working here is a positive career choice.

But studying, while juggling work and family responsibilities, takes real commitment. To recognise all the hard work and achievements, our Staff Development Co-ordinator Heather MacMillan put together our inaugural Graduation Ceremony.

Friends and family were invited to join in the celebrations and enjoyed a speech by Deputy Mayor Tania McInnes who congratulated the graduates and shared her own experiences of surmounting the many challenges she has faced throughout her life.

Certificates and Diplomas were presented by Hospice Mid-North Representative Pip Field, Alzheimers

Community Advisor Maria Nicol, Careerforce Workplace Advisor Dara Davenport and Village Manager Frances Shaw.

This was followed by a delicious afternoon tea put together by Donna Duyvesteyn and her kitchen team. Special thanks also to Karen Hawtin for the floral arrangements and Michael Anderson who entertained on the piano.

See the 'Latest News' page of our website for more photos.



A huge congratulations to all of our graduates!

Hospice Certificate in Palliative Care

- Coleen Allison
- Bronwyn Pickery

Careerforce Certificate in Dementia Care

- Awhina Davis
- Harri McKinnon

New Zealand Certificate in Health & Wellbeing

Level 2

- Catherine Jenkins
- Cilla Cherrington
- Jo Clapton

Level 3

- Jill Godfrey
- Nga Grace
- Raewyn Melrose
- Fred Panapa
- Bronwyn Pickery
- Lynette Lewis
- Helen Wing-Cumming
- Heather Silich
- Judi Brewer
- Glenys Ramsey

Level 4 Advanced Support

- Elaine Irvine

National Certificate in Diversional Therapy - Level 4

- Sandra Trafford

Careerforce Registered Assessor

Joanna Comely

New Zealand Certificate in Cleaning - Level 2

Angela Lemalu

Level 3 – Supervision

Michelle Ruatoto

National Certificate in Horticulture - Level 2

Sophie Bennenbroek

NZ Diploma in Agribusiness Management - Level 5

Leanna Jay



Onsite catering

As well as working in our kitchen preparing meals for our Care Facility residents, Chef Donna Duyvesteyn oversees the onsite catering for Village events held in our Social Centre and Chapel.

Donna, who has been with us since 2016, grew up on a farm in Dargaville. She qualified as a butcher at the age of 17 before retraining as a chef.

In her spare time she enjoys cooking and says her signature dish is homemade duck sausages with red wine jus on kumara & pineapple mash.

Her personal favourite though is pancakes topped with her own caramel sauce and homemade vanilla ice cream.

She also enjoys growing roses, vegetables and herbs and the occasional good movie followed by a meal that someone else has prepared. Donna is mum to two grown children and an oversize cat called Poppy.

She aspires to be the best at what she does and to improve on that daily. In her words "when I can't, it's time to move on!"

You can contract Donna's services when you hire our Social Centre or Chapel. Meetings can be arranged through reception.



Staff wellness program

It's well documented that when your staff are fit they are happier, more productive and less prone to illness. But finding a one-size-fits-all solution to fitness is challenging.

After discussing mental, work, physical and social wellbeing with our staff, Operations Support Manager Cheryl Silich began looking for a partnership with someone locally who could cover all bases.

Philippa and Pete of the Bay of Islands Health Retreat PT4ME have a fantastic facility and offer everything from a traditional gym workout, yoga, box fit and circuits through to massage, a sauna and nutritional advice. In mid-August they invited our staff to an exclusive Open Day & Training session. The Sunday session from 10am – 2pm kicked off with a box fit class. This was followed by yoga for breathing and posture and then a very tasty and nutritious lunch.

They will shortly be hosting another day for staff that could not attend the first day and will then work with individuals towards achieving their wellness goals.





Kerikeri Village Art Group exhibition

About a year ago a drawing group was started very quietly in the Village with the modest goal of doing a bit of sketching and improving on their skills. The residents involved met once a week and asked local artist Judy Souter to visit the group and provide a little direction. Judy took them under her wing and a few months ago suggested that they should put on an exhibition. They took up the challenge admirably and, as you can see from the pictures, have created some beautiful art.

Board members and staff as well as friends were invited to a wine and cheese evening with private viewing. The exhibition was open all weekend over the 9th and 10th of June.

Charity concert

Entertainer Barbie Davidson, (daughter of resident Wilma Davidson), held a fabulous concert for our residents, belting out songs from across the decades. Entry was by donation and she raised \$290 to be used towards the community garden planters that will go in the Wendywood Gardens.



Springbank

The students of Springbank School came to interview our cottage and Wendywood residents and will use this information to write biographies for their English class.

Pictured here are Indra Pasquale, Nancy Davidson and Sophie Fieldman.



Village electric vehicle scheme takes to the road



On the 11th of August we launched our electric vehicle car-pooling initiative for residents. The \$134,500 scheme is believed to be the first of its type for the New Zealand aged care sector and has been jointly funded by the Village and a grant from the Low Emission Vehicles Contestable Fund, administered by the Energy Efficiency and Conservation Authority (EECA).

The scheme is known as the Kerikeri Electric Vehicle Network for Seniors (KEVNS) and is open to any Village resident with a driver's licence. Family members of Village residents who have registered for the scheme may also be eligible to drive if the resident is in the vehicle.

Residents have completed training on how to book and use the vehicles; three Nissan Leafs.

They can be booked by the half-hour or for an entire day. The fleet also comprises a fourth EV as the Village staff pool car.

Chief Executive Hilary Sumpter says electric car sharing makes "all sorts of sense" for residents who typically travel short distances and will have the option not to own and maintain a frequently under-used vehicle. Car-sharing is a way to reduce transport costs for residents and increase energy efficiency both in Kerikeri generally and specifically at the Village, where energy efficiency measures are being introduced in all new developments and in some of the existing infrastructure.

Ultimately we hope to expand the car-sharing operation to include non-residents. Eventually we plan to expand our fleet and to replace our van and buses with EVs.



Out for a spin

Being able to travel unaided allows our residents to maintain their independence and gives them the freedom to do what they want to do, when they want to do it.

So it was with great enthusiasm that we received a visit from Kerikeri Mobility and put the mobility scooters through their paces. Owners Shane and Lesley Moon also treated our residents to samples of the Pub Grub heat and eat meals they sell.



Scenic bus trip

We took the scenic road through Okaihau to Kohukohu where we attended the 'Comic Strip' art exhibition at Village Arts.

This was followed by a lovely stroll around the tiny village and then a ferry ride to Rawene for lunch at the boatshed Café.

We rounded off the day with a spot of shopping at the gallery next door.



Oakridge games day

In mid-July Oakridge sent a van to collect 14 of our residents to join them at a games day in their pavilion. We played pool, bowls, darts, table tennis and enjoyed a delicious morning tea and lunch.

Thanks to the folks at Oakridge for a fun day.





Bloomin' lovely!

Local orchid grower Gavin Wakelin recently invited our residents to visit his operation in Waipapa. He has two heated tunnel houses on about a third of a hectare and exports his flowers to Japan and America.

Using heated houses enables Gavin to grow many different types of orchids - he grows 17 species, including some which are up to 25 years old. He has even grown some from tissue culture.

Gavin works the orchids year round, employing around six full time workers in the peak season.

Our group was fascinated to learn about the intricacies of growing, picking and packing for the export market and really enjoyed looking at all the beautiful blooms.

See the 'Latest News' page of our website for more photos.



Starting soon – 127 Kerikeri Road

We are getting close to turning the soil on this new development. Our architects are reviewing tenders, the i's are being dotted at the Council (and the t's crossed). Keep an eye out for action on the site next month...

To recap for those of you who have just joined our readership, we are building 30 lovely modern light spacious apartments with access to all of the facilities of the Village plus their own shared lounge and BBQ area, right here in town. We hope to have these finished mid to late 2019.

The apartments have been purpose designed by specialist architects Foley Group Limited and are a mix of 1 and 2 bedrooms plus premium 2 bedroom single level homes over the two floors. Generously proportioned and built for easy living, we can't wait to get these started!

Sneak a peek – apartment floorplans

Check these plans out for size and style. We are accepting expressions of interest now so please visit Frances Shaw at the Village to put your name next to an apartment that suits you.



First to soothe

After a mammoth community fund-raising effort, led by departing Clinical Manager Jan Bennenbroek, we have recently taken delivery of a sensory chair that will help calm, soothe and comfort residents of our Care Facility and in particular those with dementia.



We are believed to be the first aged-care facility in New Zealand to provide the equipment, more properly known as a Wellness Nordic Relax Chair, for our residents.

The \$18,000 chair delivers tactile stimulation, such as deep pressure and soft vibration, for better, more relaxing sleep and to boost feelings of calmness and security. It can also rock gently, helping to reduce physical discomfort and mental conditions such as anxiety, agitation and depression.

A huge thanks to everyone who contributed.

Wish list

Our Diversional Therapists work hard to schedule stimulating, relevant activities to enrich the lives of the residents of our Care Facility. They have created a 'Wish List' of resources they need to provide new activities and would welcome donations of any of the articles below. These do not have to be new, second hand items in good condition would be welcome:

- ☐ Folding Table Tennis Table
- ☐ I-pad or tablet for quizzes
- ☐ Wind protection and comfortable, stable outdoor furniture for the Paterson Wing Courtyard
- ☐ A full length wall mirror, similar to what you'd see in a dance studio
- ☐ Balls of all types

Small items can be left at reception and we can arrange collection of larger pieces. Call 09 407 0070.

Happy Birthday!

Some of our Care Facility residents celebrated special milestone birthdays recently.

Best wishes to **Lorraine Scott** who turned 85 on July 27th, **Enid Willis** who was 90 on August 14th and **Gwen Smith** who was 80 on August 15th.



DIARY DATES

COMMUNITY DINNER

Tues 5th September | 5.30pm

In the Social Centre

WENDYWOOD AFTERNOON TEA

Wed 5th September | 2.30pm

I.T. NINJAS

Thurs 6th September | 3.30pm

In the Social Centre

BUS TRIP TO RAMADA, TAIPA

Fri 14th September | 10am departure

MOVIE 'VICTORIA & ABDUL'

Wed 19th September | 2.30pm

In the Social Centre

CONCERT UKULELE GROUP

Sat 22nd September | 3.00pm

In the Social Centre

EXERCISE WITH MARC

Mon 24th September | 1pm

In the Social Centre

COMMUNITY DINNER

Tues 2nd October | 5.30pm

In the Social Centre

MOVIE 'DUNKIRK'

Wed 10th October | 2.30pm

In the Social Centre

GUEST SPEAKER DIETITICIAN

Wed 19th October | 10am

In the Social Centre

QUIZ NITE

Tues 30th October | 4-6pm

In the Social Centre