

# Village Times

KERIKERI  
RETIREMENT  
Village



Betty Petrie - Village Manager

DECEMBER 2015

## Welcome... TO OUR NEWSLETTER

We've been making the most of the warmer weather to start construction on two hospital level care suites, a dining room and lounge for Robinson Annexe residents and an office for the Village Support team. These will all be located in the Robinson Annexe area.

There are also three more cottages being built on the piece of land at 20 Wendywood Lane.

Very soon we'll also be completing work on the garden area between Robinson and Tui wings in conjunction with the Kerikeri Rotary Club.

We've also been very busy revamping our website. As well as giving it a fresh look, we've included lots of new information about useful services available to all the seniors in our community. Plus we've added profiles of our board and staff, so you can put faces to names and get to know us better.

We've made it easier to view the website from your smartphone and one of the most exciting new features is the Virtual Tour which lets you explore our fabulous grounds from the comfort of your own home. We've

also added lots of photos of the fun activities our residents have enjoyed in recent months so check out the gallery pages.

There's plenty more planned too in the countdown to Christmas so keep a close eye on the diary dates on the back page of this newsletter. We'll be updating these regularly on the diary dates page of the website as the fun continues throughout the festive season and the summer months.

We simply couldn't do the job we do without the generous support of our community and we'd like to thank Makana Chocolate and Living Nature who donate treats for the Welcome Packs we give to new residents of the Care Facility. These luxuries make the residents feel truly special and we hope that you'll support these businesses when you're looking for gifts for your family and friends.

We wish you a blessed Christmas, a very happy New Year and a great summer from all of us at the Kerikeri Retirement Village.

**Check out our new website at [www.kerikerivillage.co.nz](http://www.kerikerivillage.co.nz)**



Kerry Hodgkinson receiving her award from Mike Simm.

## Health & Safety Award Winner

At the Village we take Health & Safety very seriously so every six months the Kerikeri Village Trust Board recognises an individual who has been proactive in driving change to improve the safety and wellbeing of our residents and staff.

Congratulations to Kerry Hodgkinson, a caregiver in the Care Facility, who recently took out our Health & Safety Award. Kerry regularly offers suggestions on how to make quality and safety improvements and was behind several initiatives that improved the routines and comfort of our residents. She is an inspiration to her work colleagues and is an excellent team leader.

## Farm Visit



Suzanne Brocx watches June Crowden feed a calf



Bridget Watson feeds an orphan



Puketi Farm in Ohaewai

## Knitting Club



Beth Kerr watches volunteer Steph Edwards in action



June Ward demonstrates her nimble fingers



Pat Scott sticks to her knitting

## 5 Facts

### about 'Kerikeri Retirement Village'

#### 1 Gardeners

Our dedicated team of gardeners propagate and sell plants at a very reasonable cost. A selection is always available at reception or you can make an appointment with the gardeners to view the full range in our nursery.

#### 2 Board Member are Volunteers too!

All of the Kerikeri Village Trust Board Members are unpaid volunteers. Many work full time in their own businesses but still find time to attend to the current needs and the future growth of Kerikeri Retirement Village.

#### 3 Physiotherapist

We have a part time registered Physiotherapist on site who is also available to the public. Call 407 6447 to make an appointment.

#### 4 Social Centre

Our Social Centre (which has a well equipped kitchen) and The Herbert H Murray Room are popular gathering places for meetings, social events and training. Both are available for hire at a cost of \$50 each per half day.

#### 5 Hairdressing Salon

The Village has a hairdressing salon that is open to the public. Located just inside the entrance to our social centre, it's open Monday to Friday 9am – 4pm. For bookings please phone 407 9870.

## Welcome to

1. George and Kathleen Smallholme
2. Rod and Robyn Drummond





## Village Support

Village Support helps the elderly to stay in their own home for as long as possible. Although part of the Village, their services are also available to seniors in the wider community.

Carers help with a variety of tasks including meal preparation, housework, supervision of medication and assistance with personal care such as showering and dressing. In addition to physical tasks, the Village Support team provides important social interaction and arranges fun gatherings and weekly lunch meetings.

For those who are eligible, the service is funded by the District Health Board but Village Support also has a number of private clients.

The services are jointly managed by Joanna Comely and Sue Parsons.



### JOANNA COMELY

Joanna was born in the UK but lived in Nigeria until her family emigrated to New Zealand during her early childhood years.

She qualified as a Registered Nurse and Midwife in Auckland before spending 26 years working in Australia.

After returning home, Joanna made the move north, arriving in Kerikeri in 2009. Nowadays she works part-time here at Village Support and she is also employed part-time as a District Nurse.



### SUE PARSONS

Sue also hails from the UK and landed in NZ in 1974, moving to Kerikeri in 2002.

The former dancer and teacher also had experience in Hospital Care for the elderly and joined the

Village Support team in 2011.

The mother of two now has two grandchildren and enjoys walking, dancing and embroidery when time allows.



TO DISCUSS YOUR ELIGIBILITY OR TO EMPLOY SOME HELP AT HOME, PLEASE CALL JOANNE OR SUE ON 021 828 525



# Mad Hatters Tea Party



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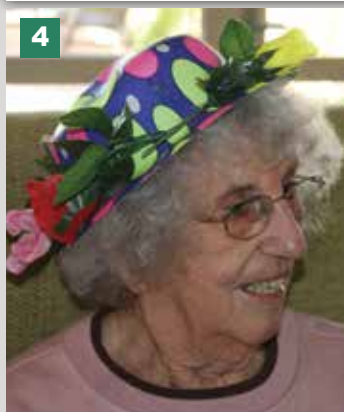


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1. Phyllis Wagstaff gets glammed up
2. Betty Petrie, Robyn Hori and Maria Nicol model their hats
3. Lydia Rothmann strikes a pose
4. June Ward in her very colourful hat

5. Bing Schofield gives a nod to the Irish
6. Dawn Cheeseman and her zebra fascinator



4



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6

# Sausage Sizzle & Petanque

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1. Margaret Lonie gets saucy
2. Eunice & Ian Faulkner with Ron Lonie demonstrate their Petanque prowess
3. Margaret Kingston and Eunice Faulkner enjoy the gathering



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1



2



## Pet Day

4



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1. Greyhawk with owner Julie Insley aka "the Llama lady" and Gizmo
2. Margaret Baird and goat
3. Doris Robertson and Judi Brewer with puppy Meg
4. Vera Hawthorn, Lesley Hasslar, Janet Pickavance and Caroline Jones from Caro's Crazy Critters
5. Sandy Champtaloup with Llama Greyhawk
6. Leigh Witchman, Doris Robertson and Ruby the boxer
7. Caroline Jones of Caro's Crazy Critters
8. Geoff and Mary Kaye meet Caroline's piglet

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# Christmas Decorating



Doris Robertson.



The team hard at work.



Doris Robertson, Adona Cox and Phyllis Stone.



Steph Edwards as Santa.



At 100 years old Doris Robertson has decorated more Christmas Trees than most and was the perfect choice to help with the final touches on our tree in reception. She and

her sister Phyllis Stone, who also lives in the Village, were very impressed with the hand-made decorations by Steph Edwards and the knitting club.



Frances Shaw does a top job.



Rudolph.



Decorating the Care Facility.



A hand knitted decoration by Steph & the knitting group.



Many hands make light work.



# Christmas Memories

For young children Christmas is mostly about the anticipation of what Santa might leave under the tree but for adults it's more about celebrating with family and friends and reminiscing about past highlights. Our team were only too happy to share their memories...

Caregiver Dawn Cheeseman remembers her first New Zealand Christmas a month after emigrating from the UK. She recalls it being "strangely hot" and taking photos of her children at the beach wearing wetsuits and reindeer antlers. A first for the family album!

Maintenance Supervisor Geran Brewer recalls Christmas in England and walking down a snowy lane at night to midnight mass. Afterwards he enjoyed a fruit mince pie and glass of milk and sugar while the adults had eggnog.

Lynne Hopkins was destined to become the Enrolled Nurse she is today as she remembers being less than impressed with Santa after finding a beer bottle cap covered in ash. Her Dad had put out an empty beer bottle to prove that Santa had enjoyed their hospitality but the only bottle cap he could find was in the fireplace. Lynne had been very upset to think that Santa was a smoker... mind you, given all the chimney soot he must have inhaled over the years the outcome may well have been the same!

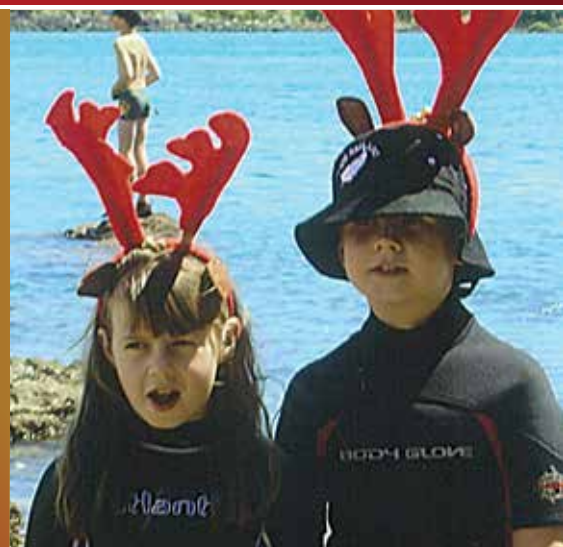
Speaking of Santa, he has been known to deliver some unusual gifts. Caregiver Sandra Trafford

says she was thrilled when as a 7 year old she received a tin monkey that blew bubbles.

For some families there is a lot of pressure on the day to observe Christmas traditions and many of us can recall a dinner disaster. Our Staff Education co-ordinator Jess Caswell remembers sitting giggling with her sister in the garden eavesdropping as her mum and their neighbour exchanged gossip when all of a sudden her brother leaned out the window in a cloud of smoke... the roast was ruined!!! Luckily their Aunt rescued them with a ham and mum quickly went indoors to keep a watchful eye on the water level of the steamed pudding.

And then there is the Christmas fare that is memorable for all the right reasons. Caregiver Elaine Irvine had a huge family gathering one year and served up a magnificent roast lamb and pig done on a spit. Midway through proceedings Santa arrived in a sports car to spread Christmas cheer.

Sometimes it's just good to keep things simple. A favourite celebration for Registered Nurse Catherine Edwards was pre-children when



*The Cheeseman children enjoy a 'strangely hot' Christmas celebration.*

she and her husband decided to "forget the Christmas roast, the flushed faces and expectations of perfection" and they went fishing on the Hurunui river all day. She's always wanted to spend Christmas under a willow tree eating salads with a nice wine cooling in the river and they did just that.

Someone who aspires to such a relaxed day is Robyn Hori who is usually the main cook and bottle washer. She dreams of a Christmas in the Islands but would happily settle for lunch at someone else's house.

Administrator Steph Edwards is another person who gives a lot at Christmas, often caring for injured birds over the holiday period. This year she has a recovering wood pigeon in her plum tree...not quite the partridge of the carol fame but close!

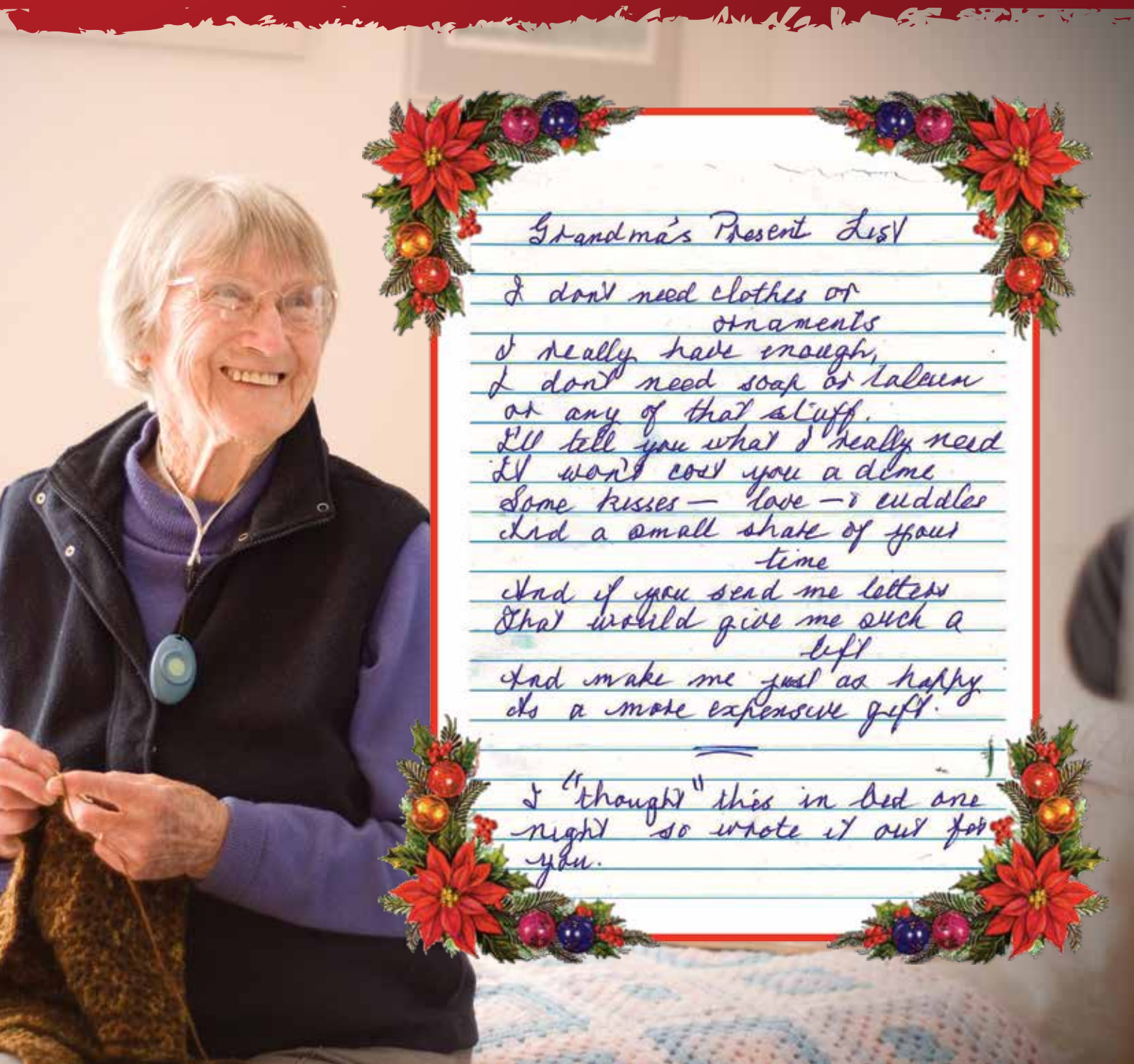
However you like to spend your Christmas, we hope you have a wonderful day. Merry Christmas from everyone at the Village.



## All she really wants for Christmas...

98 year old Nell Graveson reckons she has enough of everything she needs but knowing that her grandchildren would want to give her a gift at Christmas she thought about it for a while and sent them all this note.

We think it's so lovely we asked her if we could share it because we know there are plenty of other Grandparents that feel the same way. We hope that you will give your family the gift of time this holiday season.



### Grandma's Present List

I don't need clothes or  
ornaments  
I really have enough,  
I don't need soap or talcum  
or any of that stuff.  
I'll tell you what I really need  
It won't cost you a dime  
Some kisses — love — & cuddles  
And a small share of your  
time  
And if you send me letters  
That would give me such a  
lift  
And make me just as happy  
As a more expensive gift.

I "thought" this in bed one  
night so wrote it out for  
you.





# Volunteers Christmas Party



- 1. Janette Jackson.
- 2. Margaret Gamble & Jan Bennenbroek.
- 3. Margaret Kingston, Janet Pickavance & Cara Mia.
- 4. Helen Norman & Suzanne Brocx.







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7.

We have said it often,  
but it can't be said enough,  
we couldn't manage without  
all of our fabulous volunteers!

We got them together to celebrate the festive  
season and to acknowledge their generous assistance



8.



6.



9.

5. Robyn Earsman.  
6. Ted and Sandra Crawford.  
7. Frank Lewis.

8. Annette Jones and Dale Bell.  
9. Beryl Thompson and Rebecca Young.  
10. Jan Gough and Adona Cox.



*Give Makana this Christmas*

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## Wendywood Townhouses

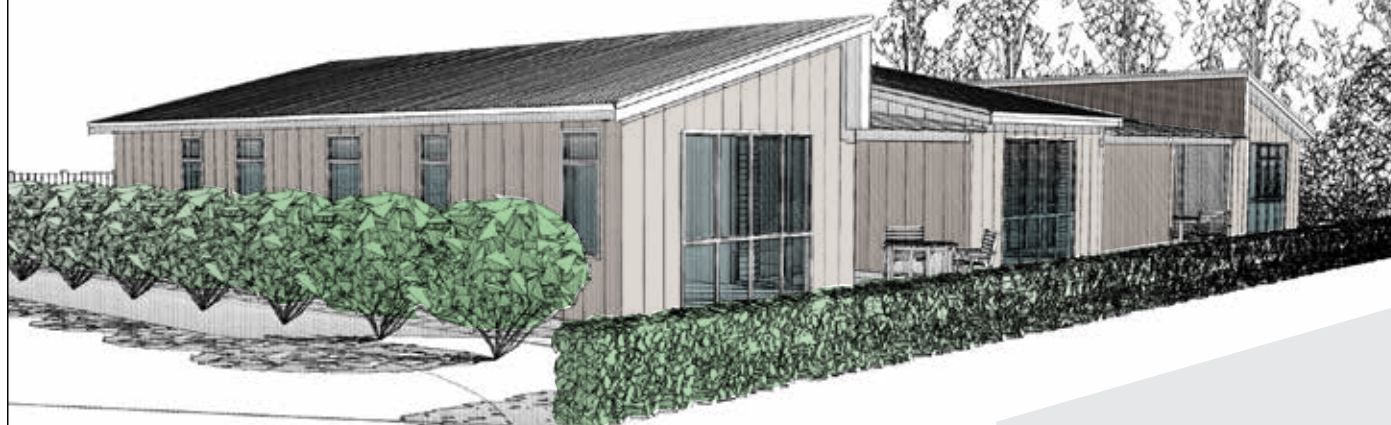
The development of three new townhouses at 20 Wendywood Lane is now well under way.

We will be posting pictures of the progress on the cottages page on our website.





For floorplans or to register your interest in purchasing, please contact Frances Shaw on 407 0070



## Designed for life!



We are now building three super-stylish townhouses. Located close to the shops and cafés, these two bedroom units will suit social butterflies who love getting out and about. Of course the spare bedroom and lovely sunny patio also make them great for those who enjoy entertaining at home. Let someone else take care of all the maintenance and gardening... it's time to start living the life you want!

-  Two bedroom townhouses
-  Garden patio
-  Bathroom
-  Internal garage



## No Mean Feat – BY PODIATRIST ANNA DAWES

A moderately active person will take around 7,500 steps per day. If you maintain that daily average and you live until you're 80, you'll have walked about 216 million steps over that time...that's around 110,000 miles or twice round the earth.

Your feet have a lot of working parts. Each foot has 26 bones, 33 joints, 107 ligaments, 19 muscles and tendons so it's essential you take good care of your feet to keep them in good working order. It all starts with getting to know your own feet. What do they look like? What colour and shape are they? Have they changed recently? Seeking help when anything changes,

including any new pains is a must. Never ignore problems as these can indicate Diabetes, Rheumatoid Arthritis or circulatory problems.

**Make sure to wash your feet regularly.** Pay extra attention to the spaces in between the toes.

**Moisturise your feet every day.** Just remember this does not mean the area between toes, as this can cause fungus. Wear socks afterwards if you are likely to slip on hard surfaces.

**Wear the right footwear for the occasion.** Your feet will stay healthier if you wear footwear that is

designed to keep your feet clean, dry and at a comfortable temperature. A good supportive shoe with a lace or buckle will also give you greater balance from slips and falls (beware the sloppy slippers).

**Top tip:** Medicated corn plasters are pads containing acid. They are not antiseptic. They are designed to blister, peel or soften the skin. Beware when placing on thin fragile skin, especially between the toes as they can cause the skin to ulcerate.

If you have any concerns about your feet make an appointment to see Anna Dawes on 09 407 0070

**Northern News**

**The Bay Chronicle**




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## Majorie Paterson 26 FEB 1920 – 6 NOV 2015

It is with sadness that we acknowledge the passing of Majorie Gertrude Paterson, a former Trustee of The Kerikeri Village Trust.

Known to all as Maj, her initial responsibilities were organising the community centre activities, allocating cottages and ensuring the well-being of residents.

After retiring as Trustee, Maj was appointed Patron of the Trust and the rest home wing was renamed the Paterson Wing in honour of her tireless support. She applied the same energy and commitment to every area of her life...

Born in her parent's home in Wellington, she spent much of her childhood in Nelson after the family moved there to take up tobacco farming. Maj loved the country and soon discovered a passion for horse riding and the great outdoors.

She was later to become a boarder at Chilton St James School in Lower Hutt where she made a number of lifelong friends. She enjoyed school and travelling home on the Picton Ferry for holidays.

The Second World War saw the family on the move once again, this time to Auckland where Maj worked as a nurse for a GP. She was a very compassionate young woman, nursing a stroke victim for 5 years and caring for terminally ill patients.

But after meeting and marrying Bill, she and her new husband moved to Kerikeri to live and work on his family's farm in Purerua. They enjoyed a busy social life, hosting family and friends for days and sometimes weeks at a time.

Maj was also very involved in voluntary services and had a strong



sense of "what was right". She was compelled to help the very young and the elderly and anyone else she felt was disadvantaged.

The couple eventually retired to Reinga Road before moving into the Village in 2008. Bill died a year later and when her own health deteriorated Maj moved into the care facility.

Maj will be remembered as an astute business woman with a direct approach and fantastic organisational skills. Her generosity, great sense of humour and tenacity in accepting situations that she could not change will be sadly missed by all who knew her and most especially by her many friends within the Village.

## What's in a name?

The Robinson Wing and Ted Robinson Memorial Chapel are named after Ted Robinson who shifted from Whangarei to live in the Village.

Ted was a very successful insurance salesman during his career and had been wondering for some time how he could give back to the community. After recognising a need for residents to have a quiet space for contemplation and spiritual renewal, he offered to pay for a chapel to be built on the Village grounds.

Ted was so delighted by the difference his gift made that he also gave a donation towards the construction of a hospital wing for the Care Facility. Before it was built, residents needing hospital level care had to move



*Benefactor Ted Robinson and General Manager Betty Petrie at the opening of the Ted Robinson Chapel.*

out of the Kerikeri district which all too often resulted in separation from friends and family.

Ted was 92 when he passed away in in 2002 in the Care Facility that his contribution had helped to build but his legacy continues to benefit many of our residents.



## Flower Show



Top - The Flower Show at the Turner Centre is always a colourful affair  
Left - Gwen Smith admires the blooms  
Right - Is it art or is it fruit? Hoo hoo knows?

## Hand Massage



Katie Robinson of Pure Day Spa enjoys a chat with Dorothy Phillips. Every Friday one of the team from Pure Day Spa in Kerikeri pops in to treat residents in the Care Facility to a free hand massage

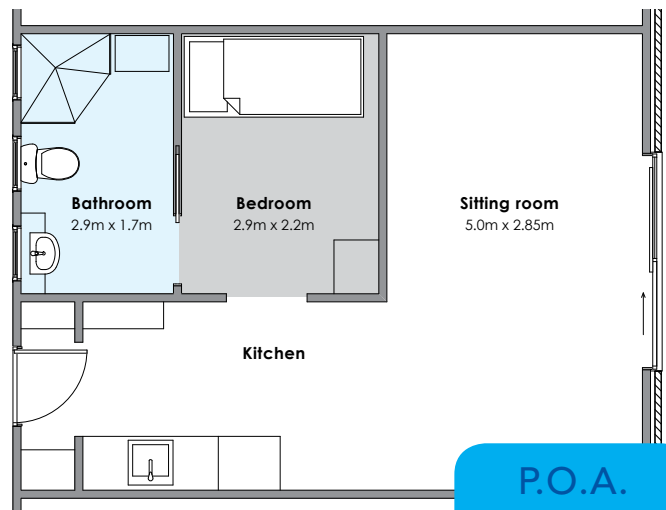
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- Heated towel rail
- Grab rails for toilet and bathroom
- Car parking available



P.O.A.

To view contact Frances on 09 407 0070  
or email [frances@kerikerivillage.co.nz](mailto:frances@kerikerivillage.co.nz)



## Community Dinner



*Chaplain Jan Gough helps serve dinner*



*Beth Kerr toasts the excellent company*



*Merle Rowles enjoys dinner with her daughter and son-in-law Dianne and Steve Smith*



*Diane Paterson and Phil Hingston*



*Jan Chipman from 'Neat Eats' dishes up*

## Diary Dates

### **Cottages and Wendywood Christmas Mexican BBQ**

Friday 11<sup>th</sup> December | 4.00pm  
in the Social Centre.

### **Care Facility**

### **Christmas High Tea**

Saturday 12<sup>th</sup> December | 2.00pm  
in the Social Centre.

### **Quiz Night**

Friday 18<sup>th</sup> December | 4.00pm  
in the Social Centre.

## Daffodil Picking



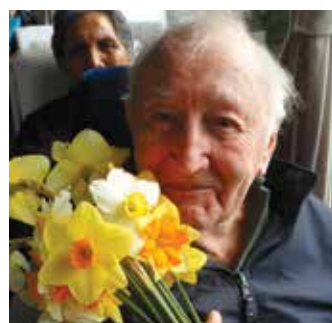
*Thanks a bunch to volunteer Frank Lewis*



*Constance Baker loves the vibrant colour*



*Maera Peters makes time to smell the flowers with Caroline Hurunui*



*Michael Thomson is full of the joys of spring*