

# Village Times

KERIKERI  
RETIREMENT  
Village

SEPTEMBER 2015

## Welcome... TO OUR SPRING NEWSLETTER

In this issue we have some news about how technology is making our lives easier here at the Village. Kleen and Press Kerikeri is about to implement a clothing tagging system to help us keep track of your laundry and we have also added new ways to help you pay your bills.

We have the results of our Pillow Art fundraiser. Thanks so much to the many sponsors, volunteers and designers who contributed. What an amazing event and what a great community we live in.

We celebrate the birthday of a very special lady and we have the background story on long serving trustee Allan Mcleod.

While we're mentioning Allan, I thought I'd share with you his perspective on what it means to be a Charitable Trust. During a recent meeting, the trustees were discussing the services we currently provide, other services we might provide in the future and how this relates to us as a Charitable Trust.



Betty Petrie - Village Manager

Allan reminded us all of the verse "and now abideth faith, hope, charity, these three; but the greatest of these is charity". He added that charity means love and we should always remember that we are here to support our community and each other through love.

## Doris Robertson turns 100

*Written by Doris's daughter Jennifer Calder*

On the 12<sup>th</sup> of June, Doris Robertson turned a very sprightly 100.

Born in St Heliers Auckland, Doris Stone grew up on a dairy farm with her 6 siblings. She helped deliver milk by horse and cart and was very fond of their workhorse, Jackson, who was a gentle soul. If a child fell off his back on the way to school, he would wait patiently until they got back on.

Doris married Kenneth Robertson at St Heliers on the 1<sup>st</sup> March 1940. Ken no sooner held his first born Douglas in his arms than he was sent to war. Fortunately he returned three years later but his little boy had to get used to the idea of having a Dad around.

Doris and Ken had three more children Lynette, Noreen and Jennifer. Doris was a keen knitter and the

children remember being beautifully turned out in Fair-isle jumpers. They also remember Mum's wonderful cooking. She was renowned for her lemon meringue pie. Her skills in the kitchen have been handed down through the generations.

Doris enjoyed working in sales for PSIS for a number of years and was offered the management of her floor but gave it up to look after her mother.

When her children moved abroad Doris frequently travelled to visit them. She visited Australia and Canada (where she even had a go at cross country skiing).

In time, Doris came to live at the Kerikeri Retirement Village with her 3 sisters Clarice, Elsie and Phyllis who all enjoyed the 10 or so years spent in the Wendywood Pavilion

apartments with their little gardens and each other's company.

Now the proud Grandmother of 8 and Great Grandmother of 13 Doris has seen her family grow. Her sense of humour and beautiful nature make her the lovely lady she is today.



## Getting with the times



In the spirit of embracing technology and making life easier for our residents and their families, we now have eftpos at reception.

This means you can pay for goods, services or special outings using eftpos or credit card. As we don't keep large sums of money on site, the service is available for making payments only and getting cash out is not currently an option.

We are really grateful to Todd Dickens of Ecosse Business Systems for the seamless installation and for helping us get up to speed on how it works. Thanks too for sponsoring the mobile eftpos units for our recent fundraiser.



*Written by Chrissy Taylor.*

Doesn't time fly when you're having fun? And my work here over the past 25 years has involved plenty of that!

When I started, my training was in Gentle Exercise and Chair Dancing and I held classes for two hours a week in the 'newly built' Social Centre.

My current position as the Social Centre Supervisor evolved from there when an opportunity arose to create a programme for seniors who lived in the community. Having such an amazing facility enabled us to provide all kinds of activities and over the years I've fulfilled many roles including Fitness Instructor, Housie Caller, Tai Chi Trainer, Quiz Mistress and Diversional Therapist to name but a few. I have also enjoyed helping to create Xmas floats, build scarecrows and organise concerts. It's all part of the job!

They say to have job satisfaction you need three things... autonomy, complexity and effort and my years at the Retirement Village have given me that and more. Meeting and working with so many wonderful people continues to be challenging and rewarding.

## Goodbye to the sock monster

As of September 14<sup>th</sup>, a clever new electronic clothes tagging system will help us keep better track of residents' clothes.

Residents of the Care Facility will have a Radio Frequency Identification Device (RFID) sewn into their clothes in the same way as current name labels are sewn or ironed on.

The tags identify the resident, the room and the wing they live in to ensure everything that

went into the machine is returned to the correct owner.

Cottage and apartment residents can also have their clothes and personal linen washed. They will pay for the wash but a tagged laundry bag will be provided for free.

**Please contact Jan Bennenbroek or Bet Petrie if you have any queries or concerns.  
Phone 09 4070070**



## Allan McLeod – Trustee of Kerikeri Village Trust



My involvement with the Village Trust began some 30 years ago when Sue and I moved here with our three daughters. We had come from Napier wanting a more relaxed lifestyle.

I soon became involved in the education of my children being elected to the Board of Governors of the Kerikeri High School in 1984 and was its chairman for three years from 1986. I was appointed Coroner for the district of Kerikeri in 1988 and served until 2007.

Both Sue and myself were active in the life of a rapidly growing Kerikeri, I through my law practice, Lions and golf, Sue through a tourism business, gardening bookshop and art gallery.

This diversity of community spirit inevitably lead me to become a trustee of the Kerikeri Village Trust in 2004 and to join the Management Board.

The past 11 years have seen major development in the Village and it has been a real privilege to serve with people who are dedicated to providing our elderly with the best possible lifestyle in the environment of their choice and ensuring that our staff achieve job satisfaction.

Both of our mothers have lived within the Village and this has given me further insight into the dynamics of aged care.

Now retired, Sue and I lead busy and fulfilling lives in which family and community continue to remain hugely important.

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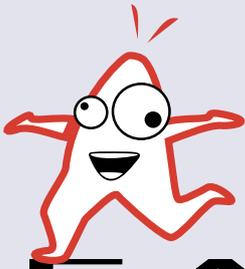


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## Making our elderly more comfortable

As a Charitable Trust it's often challenging to fund the equipment that makes life as comfortable as possible for residents in our care facility. We receive some government funding but there are strict guidelines as to how the money may be spent.

Although they make a world of difference to the people in our care, we have to raise the money ourselves for items like alternating mattresses.

An alternating mattress is actually a special mattress overlay that has pockets of air that inflate and deflate intermittently causing minor adjustments of the person's body position when they are in bed, reducing the risk of bed sores. That's especially important to bedridden residents who often can't move without help. We turn or move them regularly but they still need relief between turns

and these mattresses do a lot to improve their comfort and quality of sleep.

But they come at a cost and we need \$15,000 to replace and upgrade alternating air mattresses.

That's a lot of money to find and we needed something a bit more interesting than a raffle to grab public attention. After a couple of

hours of brainstorming we came up with the Design a Pillow Competition.

We decided to ask people to buy a pillow case, decorate it and then auction off the result. Initially that seemed like a pretty simple concept but as we had virtually no budget to promote the event the idea would have remained just that were it not for the generous support of the Bay Chronicle and More FM Bay of Islands.

Then Beds R Us Kerikeri came on board. Not only did they sponsor the pillowcases, they handled the silent auction and the ticket sales. This was a huge input of time and

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energy and we simply couldn't have done it without Vicki & Dave Keen and Vivien Imms.

Laser Electrical Kerikeri & Kingston House supported us with the venue and ASB & Kerikeri Rotary covered catering and equipment costs. Auctioneer Ross Paterson of Harcourts and emcee Pete Gentil of Real added a professional polish to the night.

Thanks also to Unichem, St Johns, Kerikeri Lions, 88 Below, Telfer

Roofing, Mad Ideas, the Music Workshop and the many other people who donated time, money or discounted services to get this off the ground.

We'd also like to thank members of our community who put hours of labour, energy and talent into creating a pillow case for auction.

The imagination and calibre of entries was incredible! All in all we raised an impressive \$7,996.60.

Congratulations to Janine Telfer whose patchwork pillowcase of three owls raised \$170 making her the Individual Category winner. She'll enjoy a delicious dinner for two and night at Peppers Carrington Estate.

The winning business entry came from Jess Rule of Results Rule. Her hot pink pillow and voucher for Personal Training raised a whopping \$525 winning her a \$1,000 advertising package thanks to Bay Chronicle, More FM Bay of Islands and Mad Ideas.

If you would like to contribute to the alternating mattresses fund please go to our donations page at [www.kerikerivillage.co.nz](http://www.kerikerivillage.co.nz)



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## Winner!

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- 1** Auctioneer Ross Paterson of Harcourts gets into the swing of things.
- 2** Helen Jean of Kerikeri is very keen to catch the auctioneer's eye as she bids for a sequined, floral pillow case made by her mum Cynthia Hoban (on the right).
- 3** Natalie Todd won the first auction. Therese Wickbom of Café Cinema had cleverly converted her pillowcase into a shopping bag and filled it with baked goodies and a voucher for \$50.
- 4** Debra Shand was pleased to win the auction for this fab pillowcase by Results Rule which came with almost a thousand dollars of personal training. This pillow won the business category for most money raised.
- 5** Adona and Graeme Cox were delighted to take home this delightful pillow by Debra Bright of DD Gold and look forward to seeing their granddaughter's face when she receives it.

- 6** Vicky Keen contemplates the delicious nibbles by The Village Café.
- 7** Stephanie Young (on the left) was thrilled to buy this pillowcase by Daryl Bartram (on the right) describing it as the "best pillowcase of all!".
- 8** This patchwork pillow by Janine Telfer raised \$170 and won the individual category.
- 9** Emcee, Pete Gentil, holds up an original painting of the Black Rocks by Wendy Galbraith.
- 10** Dale Bell was pleased to win this beautifully smocked baby's dress... also by Therese Wickbom.



# The Auction



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## A Caring Culture

Turiti Bonney is a Senior Caregiver and the Maori Liaison Officer at the Village. She is from Wharen-gaere Bay and her hapu is Ngati Torehina Ki Matakaa. She has three grown up children and four lovely grandkids.

Turiti plays a vital role liaising with staff and residents on matters of culture, helping to educate on protocol and understanding of our residents.

She says Maori believe that "when all four walls of the house are strong – the house is also strong." This is the concept of Te Whare Tapa Wha. Maori acknowledge the wisdom of the past and the things that connect us to the present such as our ancestors and family (whanau), the physical environment (tinana), psychological matters (hinengaro) and spiritual matters (wairua). Should one of these be missing or damaged, a person may become 'unbalanced' and unwell.

Maori bring a very holistic view of health.

Carers also uphold the principles of the Treaty. This can include protection of residents' property, fostering inclusion and self-determination of the resident in their own care and wellbeing, and partnership. Caring for the elderly with cultural awareness can mean many things. It starts with understanding of the values of that person, their whanau relationships, links to tribal land and belief in God.

Then culture can be incorporated into the daily care of that person, for example there may be karakias or prayers said before a meeting or travelling to an appointment. Whanau can be more involved with the person by having a spokesperson from the whanau or bringing in food to share a meal. This can include the use of maori medicine and things like the segregation of pillows for head and feet to respect maori protocol.

Many cultures have particular requirements (tapu) when it comes to the preparation of food and personal hygiene and our staff are made aware of these needs.

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Turiti's father was a local Ratana minister and she draws on her family's spiritual beliefs in her role, especially in dealing with the passing of a resident. The family need support at this time. Staff also take time to remember and say farewell.

Turiti is raising awareness at the Village so that all staff understand the cultural and spiritual needs of their residents.

## 5 Facts

about 'Kerikeri Retirement Village'

1

Anna Dawes is our new Podiatrist. Anna comes to the Village every second Wednesday and is happy to do public consultations as well as caring for our residents' feet.

To make an appointment please phone reception on 09 4070070.

2

We run a Senior Citizens' Dinner on the first Tuesday of each month for residents and the community. It's a great place to make new friends, share conversation and a meal.

3

Kerikeri Retirement Village is a not for profit organisation.

Our highly skilled team includes 15 Registered Nurses, 47 Care Givers, 5 Administration and 39 Therapy and Support Staff. Everyone participates in ongoing professional development courses to ensure residents are in the best hands.

4

Our Kitchen and Household team provide three meals a day for our residents.

They also cater to the community by providing 'Meals on Wheels' which are cooked in our kitchen and delivered by Red Cross volunteers.

5

We have our own Chapel. Each Sunday the local churches take it in turn to hold interdenominational services.

The Chapel is also available for hire for weddings, funerals, christenings and other gatherings. Information and a services timetable can be found at reception.

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## What's in a Name?

Many of the streets and buildings in our Village are named after early settlers. Hannah Place is one such example...

Hannah King Hansen was born at Hohi on January 11<sup>th</sup> 1817. Named after her aunt, Hannah was baptised by Rev Samuel Marsden in 1819. Amongst those baptised at the same time were her cousins, her brothers and Dinah Hall who was the first European girl born in New Zealand.

In 1834 at age 17, Hannah secured a position as nursemaid or housemaid at the Busby's residence at Waitangi.

Three years later she married whaler Captain George Clapham

and in 1838, the couple purchased 200 acres from Chief Temara at Okura, near Kerikeri and built a house.

Their first born Maryann was followed by a son Thomas and another daughter called Hannah.

George died in 1848 and shortly after Hannah married Jeremiah Letheridge. In 1862, Hannah and Jeremiah, together with her only remaining child Hannah (jr) and her son-in-law George Mountain, re-settled on the Purerua Peninsula, close to Te Puna.

Hannah lived the rest of her life on the Purerua Peninsula, dying in 1907 aged 90. She is buried in the Russell cemetery.

## Animal Therapy!

From time to time we bring pets in to visit the residents in the Tui Wing. Lola Parsell enjoys holding a pet rabbit.



# Northern News

# The Bay Chronicle

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## Thanks Rotary!

Whether it's building a gazebo at the Retirement Village, creating the Wairoa Stream walkway, erecting barbeques in the Stone Store Basin or helping kids to achieve their full potential, the Rotary Club of Kerikeri plays an important part in our community.

In addition to the huge difference they make to people in the mid-north, Kerikeri Rotarians also assist with a number of national and international initiatives.

But for all that they achieve, their members are ordinary people

of all ages and walks of life who are keen to make a difference where they can. The group's varied backgrounds and professions are what make this particular branch so dynamic and Kerikeri is held by many to be one of the most active and influential Rotary clubs in the region.

They're always looking for new Rotarians and say that becoming a member is about bringing your skills, experience and enthusiasm to help the group thrive while making some great friends along the way. We know from the many

years they've supported us just what a friendly, inclusive group they are.

Part of their success is obviously their flexibility because they understand that family and work need to come first. There is no obligation to be at every meeting – members are simply encouraged to attend the meetings they can.

1. Kerikeri Rotarians in action, building the Wairoa Stream walking track
2. Rotary is behind the Kaikohe Education Trust's innovative approach to technology based learning, making an enormous difference to academic results in Far North schools.



Rotary  
Club of Kerikeri

## Want to show your community spirit?

Rotary Kerikeri helps to support an array of community initiatives with volunteer support and fund-raising. It's about ordinary people working together make an extraordinary difference in our community.

To find out more about becoming part of this amazing team, contact Vicki Douglas 021-865534 or visit our website.

[www.kerikerirotaryclub.org](http://www.kerikerirotaryclub.org)

## Diary Dates

### Dairy Farm Visit

Friday 18<sup>th</sup> September | 10.00am  
Dairy Farm visit, tea and scones.

### Quiz Nite

Friday 18<sup>th</sup> September | 4.00pm  
Quiz Nite - 4pm in the Social Centre.

### Community Dinner

Tuesday 6<sup>th</sup> October | 5.30pm  
Community dinner, in the Social Centre.

### Afternoon Movie

Wednesday 14<sup>th</sup> October | 2.30pm  
Afternoon Movie, in the Social Centre.

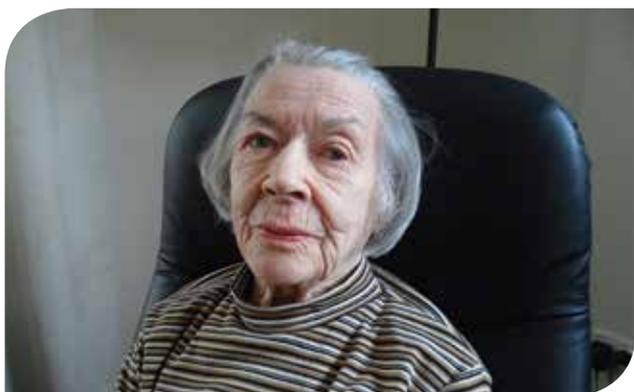
### Coming Soon!

Daryl's lunch cruise. Around the bays to Russell.

## Welcome to...



Gordon and Muriel Wright.



Joy Simister.

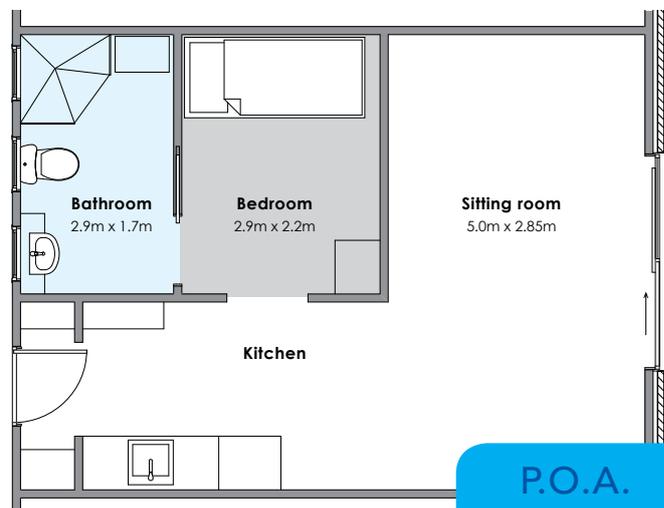
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