

Village Times

KERIKERI
Retirement
VILLAGE



Bet Petrie - Village Manager

Welcome...

TO OUR FIRST EDITION OF VILLAGE NEWS FOR 2011

We finished 2010 on a high note with lots of Christmas celebrations and of course our award-winning entry in the Kerikeri Christmas parade.

This year has begun equally well with plenty of fun being had on the village green. And it's been a hive of activity over in the Tui wing as the Rotary Club of Kerikeri, together with a host of volunteers, completed the wonderful outdoor area. We have been overwhelmed by the support of the local families and businesses and can't thank you enough for your generosity.

And it's our turn to support the community. On Thursday 7th April we're running a seminar for families dealing with dementia. The 'How to Care - How to Cope' seminar will be hosted by internationally recognised dementia specialist Jane Verity of Australia.

Jane, who is considered one of the best presenters in the world on the social and emotional aspects of dementia care, will provide you with insights and practical advice to make life easier for your family. We hope you can join us!



Jane Verity

Dementia

HOW TO CARE - HOW TO COPE

It can be tough offering support to someone with dementia. Constantly repeating yourself and preventing that person from wandering off and becoming lost can be exhausting.

Internationally renowned, dementia expert Jane Verity will show you how to transform negative responses so that you feel less frustrated.

She'll teach you to understand seemingly odd behaviour, how to tap into the memory of someone with dementia and how to improve their self-esteem.

She'll also share some of the latest research on how bright vibrant colours can impact on dementia.

MARCH 2011 | ISSUE 3



Seminar

HOW TO CARE HOW TO COPE

A SEMINAR ON CARING FOR PEOPLE WITH DEMENTIA

Kerikeri Retirement Village
Social Centre

**Thursday 7th April
from 1-4pm**

FREE to Village residents
and their direct families

Public welcome – just \$10
per person

TO REGISTER FOR THE SEMINAR
call 09 407 0070 or email admin@kvtrust.org.nz

Garden upgrade

A BREATH OF FRESH AIR FOR RESIDENTS

Volunteers from the Rotary Club of Kerikeri, under the leadership of Rotarian Dale Simkin, have worked extremely hard throughout summer to build a gazebo and lay new concrete paths so our residents can enjoy meals and outdoor activities whilst protected from the sun.

We are very grateful for the hard work and generosity of the many friends, family, businesses and volunteers who worked so hard on this project. Our helpers were invited to join us for morning tea to celebrate the official opening on February 28th.

GAZEBO - OFFICIAL OPENING CELEBRATIONS



WORK AT THE GAZEBO



Sausages and Silliness ON THE VILLAGE GREEN

An egg and spoon shuffle...Tossing the caber... Blindmans bluff.... What a pleasant way to spend a balmy summers evening while sipping on a glass of wine and enjoying a sizzled sausage or two.



Welcome to

New Residents to Cottages & Wendywood Apartments



Jim Rudd



Estelle Rowland

Margaret Gamble

I am the Household Manager at Kerikeri Retirement Village and I have worked here for seven and a half years. My role is to oversee Kitchen, Cleaning, and Laundry services.

My parents were both residents in the Village over the years so feel I have been involved for a long time.

My personal interests are mostly related to the outdoors. I've done a lot of tramping and horse treks in the South Island but there is still a lot more to do. I enjoy the bush and the solitude of it all.

I have canoed down the Wanganui River, (without falling out), and

biked the Otago Rail Trail, both of which were loads of fun to do.

I walk a lot of half marathons and last year my daughter Joanne and I completed a 100km fundraising walk for Oxfam around Lake Taupo. We were part of a team of four and we all walked together starting at 6.00am each day. The maximum time allowed to complete the circuit is 36 hours and we were pleased to complete it in 23 hours and 20 minutes. The longest we stopped at any one time was 35 minutes to eat an evening meal.

I also participate in the annual Great New Zealand Trek to fundraise for



Multiple Sclerosis. We are walking the length of New Zealand completing about 200kms each year. This year covers Taumarunui to Taihape and it's all done across country so there are some big hills to negotiate.

My long term aim in life is still to be doing all these things when I am 90.

Yee Ha!

In December the staff and friends of Kerikeri Retirement Village put on a show for our residents and friends called 'Tui Goes Country'

We were graced with the presence of acclaimed Country and Western artists Anne Murray (Raewyn Hedderwick), Dolly Parton

TUI GOES COUNTRY

(Nicole White), Kenny Rodgers (Frank Lewis), and The Topp Twins (Barbara Slierendrecht and Raewyn Hedderwick). They were joined by back up artists Bessie, Hana, Edith, Elaine and Aunty Rose and band members Sam, Trish, and Gayle.

Of course no show can go on with-

out the support of a great front of house crew and ours included Jan, Robyn, Mary, Ginny, Margaret, Anthony and Geran.

A big thanks to Raewyn Hedderwick for putting together such toe-tappingly great show. All proceeds will be used to purchase equipment for the Tui Wing.



VILLAGE GARDENING SUPPLIES

Surplus Plants, Compost & Seedlings grown in the village propagation area are available from the Village Gardening Team. Availability will vary.

**Plants \$5.00 Punnet of seedlings \$2.00
Compost – Donation**

Please see the Gardeners with any enquiry.



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Remember when ...

PERSONAL MEMORIES FROM THE SECOND WORLD WAR



MAJ PATERSON

During the second World War our house was an open house for service people – mostly from the navy- they came and went like flies. We always had service men on Sunday night for tea.

I worked in the petrol rationing office. Everyone with a car had a petrol coupon for two gallons a month and anything extra had to be applied for. The applications came in one pigeon hole and they were accepted or declined through another pigeon hole. I was the only one on the counter and I had to give them the news. If someone needed extra

petrol to attend a funeral they had to produce the death notice from the newspaper and then we measured the shortest distance to the venue using a pencil and a piece of string. If their application was declined I sometimes took a fair amount of abuse. One man was in such a rage he pulled the whole of the top of the counter off. It didn't get him anywhere.

ANN ROSSELL

When World War two broke out I was six. I remember rationing - two ounces of butter a week so the more people who lived in the house the more likely you were to get cake. Father bought some chickens so we could have eggs. At our home in England we had an air-raid shelter built underneath the lawn in the back garden. We were dressed for bed and taken down the steps to go to bed in the shelter. We could hear the bombs exploding quite close to us. We never really knew if our friends would turn up for school the next day.



Ann Rossell in school uniform complete with compulsory gas mask

I was evacuated to the Midlands to live with my Aunt. When I came home three years later I was introduced to a surprise sister - That didn't go down at all well!

ELIZABETH TUDOR

As a young girl my first opportunity to play the lead in a London production was dashed by a black out at the onset of World War 2. I was disappointed and angry that my big moment was lost. I was much more interested in the promotion of my theatrical career than winning a war. Instead of bright lights there was darkness. I had to be satisfied with taking the lead in a production at a provincial theatre. It was an anticlimax.

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Village Fete



On February 16th we held the inaugural Village Fete and raised an impressive \$1,000. This will be used towards the \$12,000 we need to raise to replace all the mattresses in the resthome.



Village People

Kerikeri Village Trust netball team, aka 'the Village People', competed in the Kerikeri twilight tournament late last year. What the team lacked in experience they made up

for in spirit, improving every week. It was a great team building exercise and although the team did not finish in the top three, they are vowing to get there this year.

Back row from left: Bardy Harris (hiding), Dwayne Smith, Sonya Rihari, Kay Hepana, Kiri Ngaropo, Terence Apiata **Front row from left:** Tanisha Hurunui, Caroline Hurunui, Miriam Apiata, Hunter Harris (mascot), Samantha Green, Leanna Jay, Sue Richards (absent)

Meet the Orange team

The Orange team pride themselves on keeping their documentation accurate and current.

Communication with families is high on their priority list as they understand the need for families to be given information regarding residents' care. To this end the six monthly Round Table meetings are a really important forum for discussion and the Orange Team appreciates the time relatives take to attend these meetings.

Many of the Orange Team have been with Kerikeri Retirement Village for a number of years and have been involved in the Internal Auditing Programme doing Quality Checks throughout the facility. This gives them a good understanding of how the work of all departments impacts on the care of residents.

Neethu Manuel will now be the main Registered Nurse contact but family members are encouraged to discuss their relatives' care with any member of the team at any time.

Registered Nurses: Neethu Manuel and Pat Pennell. **Caregivers:** Lesley Paton, Ginny Amaya, Jan McLenan, Rose Rihari, Gayle Hunt and Sue Richards.

Physiotherapist: Sarah Kennedy



Volunteers Needed

If you can spare a few hours and are free most Thursdays to help in the kitchen and to assist with group activities we'd love to hear from you. 'Thursdays with Chrissy' is a free social event held weekly from 10am till 1pm. It's open to everyone in the community over the age of 65 and activities include team quizzes, word games, bowls, exercises and a lot of fun and laughter. A light lunch is provided and transport is available for people in the community who can no longer drive.

Contact Chrissy on 407 0070

View our online image gallery
www.harrisandthurston.co.nz

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Many Thanks



A special thanks to Joan and Bernard Pasche for donating their beautiful piano to the Tui Wing where it is already being enjoyed by our residents and staff.

Thanks also to Jason and Karen McCondach for delivering the piano to us. Their nana, Doreen Munn, was a resident here and they wanted show their gratitude for the care she received.

Chaplain

I am honoured to be appointed as the Chaplain for the Village although the circumstances of my appointment were very sad.



I value the friendships I have made with so many of you over the years I have worked in the Village and the fun as well as tears that we have shared together. Now I look forward to being of further service to you all. Please feel free to contact me if you know of any residents who may be unwell or would like a chat.

Remember the services in our Chapel every Sunday at 4pm. These are ecumenical. Various local churches lead the services and they are always low key (no individual faith). The old favourite hymns are sung and the service lasts half an hour. It is also a time of fellowship to meet folk from our community who give up their time to share with us.

If you wish to contact me you can leave a message for me at our office. God Bless you all, Jan Gough

Diary Dates

MARCH 30TH – WENDYWOOD AFTERNOON TEA
in the WW Lounge 2.30pm to 3.30pm

MARCH 31ST – MOVIE NIGHT
in the Social Centre 7pm. All Welcome

APRIL 8TH – MOVIE NIGHT
in the Social Centre 7pm. All Welcome

MAY 6TH – WENDYWOOD BUS TRIP
Destination to be confirmed

REGULAR EVENTS

CARDS: 500

10am on Mondays and Wednesdays in the WW Lounge

OVER 60S DINNER

held on the first Tuesday of every month 6pm
in the Social Centre \$8

TAI CHI

Mondays and Fridays at 11am in the Social Centre

FRIDAY NIGHT SOCIAL GROUP

5pm in the Social Centre. BYO bottle and glass

OUR CONDOLENCES

go to the families of our Chaplain Sue Reid and Caregiver Bessie Scott – much loved members of our staff who sadly passed away recently.

Trip to Russell

JANUARY 14TH



A very pleasant day out with the Cottage ladies and the perfect opportunity to toast Nell Graveson on her birthday while we savoured our fish and chips at the Pub around the Corner. Where shall we go to next time? Any suggestions?