

# Village Times

KERIKERI  
RETIREMENT  
Village 



Betty Petrie - Village Manager

MAY 2011 | ISSUE 4

## Welcome... TO OUR NEW LOOK VILLAGE TIMES

Just because we're a retirement village doesn't mean we don't keep up with the times! We've just re-branded, and we think the new look better reflects our modern facilities and the young-at-heart attitude of our residents.

We felt our old logo was a bit formal so we've used a more relaxed, welcoming font. By reducing its' size, we've taken the emphasis off the word retirement and put greater focus on the word village. While we respect each resident's individuality, it's important to recognise their place in our village and also in the wider community.

The new logo had to convey a sense of caring and portray the continuum of care available as our residents transition from independent housing, to apartment living and assisted care.

## Laundry Service

We can offer a new laundry service to Cottage and Wendywood Residents. The service is available Monday to Friday and your laundry will be returned the next working day.

Prices are GST inclusive and include pick up and delivery service, washing, drying and folding but does not include pressing. Pressing is an additional \$3 per item.



We've nicknamed the icon to the right of our name the 'group hug'. What it shows is a bird's eye view of a family embracing. The three elements also represent the resident, our village and the wider community and the three types of housing available.

In recognition of our past we have chosen to stay with blue as our fea-

ture colour although we have chosen a slightly brighter shade.

Over the next few months you will see more of our new brand and we hope to redo our entrance shortly. We've included a mock up of how it might look and we'd love to hear your thoughts so please send any feedback, (good or bad), to [bet@kerikerivillage.co.nz](mailto:bet@kerikerivillage.co.nz)

We'll supply you with laundry bags to put your washing in, white is for linen and blue is for clothing.

For more information or to arrange your laundry service contact Margaret Gamble in the office.

### Linen Package **\$20**

- Towels x 2
- Bath Mats x 2
- Hand Towels x 2
- Face Cloths x 2
- Tea Towels x 3
- Sheets x 2
- Pillowcases x 2

*Pillow cases will be ironed free of charge.*

### Clothing Package **\$20**

This covers a total of 12 items of clothing including 4 items of underwear and 4 items of bed wear plus your choice of 4 large items of clothing i.e. skirts / shirts / jumpers / dresses / blouses / jackets etc

## Spark of Life JANE VERITY

Three years ago, Jan Bennenbroek, the Clinical Manager at Kerikeri Retirement Village attended a conference at which internationally renowned speaker Jane Verity described her Spark of Life Approach to caring for people with dementia.

Jan thought of the many people she comes across in the course of her work, who are looking after people with dementia at home or in a care facility and thought that they would benefit from hearing about Jane's inspirational approach.

After much planning and with the support of the Northern Rural Nursing and Allied Health Profes-

sionals Consortium, the Management of the Kerikeri Retirement Village and with some financial assistance from the Northland District Health Board, two seminars were organised.

The 'How to Care, How to Cope' seminar held at Kerikeri Retirement Village on April 8<sup>th</sup> was a resounding success. Ninety people from throughout the Northland community attended. Participants included family of those living with dementia, care workers, pharmacists, social workers and other health professionals. Jane provided the participants with insights of how to lift a person's spirit and



manage challenging behaviours. She described how the 'accepted' way of doing things might bruise or even break a person's spirit.

Jane also provided practical examples including some very personal ones, learned while she was caring for her own mother. She answered many questions from the floor and stayed chatting for about an hour after the end of the seminar.

## Remember When... BY MARIAN McEWAN



I was aged ten at the outbreak of the Second World War. War meant very little to me. There was no TV and we didn't know very much. But then I noticed young men leaving the village. Women became targeted to work in factories and take over the men's jobs. This was big news in our family especially when my maiden Aunt "Cissie" had to work in a factory.

Cissie was 40, rather shy, overweight and considered to be no longer "marriageable". Cissie always stood back and hated to push herself forward. So when the air-raid sirens

went off Cissie was last to enter the shelter. She was nearly there one day when the blast propelled her forward into the arms of an elderly gentleman at the entrance of the shelter. They both ended up in a tangled heap. Amid the great hilarity the gentleman was protective of her and treated her kindly. Soon afterwards he offered her his hand in marriage and they were very happily married for years. So, you see, good things can come out of bad circumstances.

When they came to visit I would sometimes get the giggles and my mother would have to send me on a false errand to get me out of the room.

Later on in 1948 I worked as a Private Nurse at the University College Hospital in London's West End. I had one or two famous patients. One was George Orwell - author of *Animal Farm* and 1984. He appeared to be drunk the whole time.

I also nursed Gerald Flanberg - a war hero who had been in the Parachute Regiment and had been taken prisoner. He was in with gastric ulcers probably caused by poor diet and poor conditions. He informed me he was due to be tried for attempted murder at the Old Bailey Criminal Court. He asked me if I would accompany him to court. I asked permission from my superiors which was emphatically denied! I guess I was a little naive at the time.



## Introducing... THE PURPLE TEAM

Have you ever seen a sunset that isn't beautiful? Even on the greyest day there is beauty on the horizon. Are people so different?

As time chases us into our twilight years, shadows fall. Shadows sometimes so dark we are no longer who we thought we were and no longer who people expect us to be.

But surely there is beauty, even in the shadows, as long as there is someone there to see it? Someone to recognise the spark that still responds to kindness. Someone prepared to bring a little sunshine into the lives of those whose twilight years have been dappled in shadow?

The PURPLE team strives to do just that...

PURPLE projects are small initiatives undertaken by the PURPLE team for the residents and these activities encourage participation, activity, ownership, companionship, achievement and a sense of fun.

Recently we completed personalised calendars for residents' rooms and lavender bags for their wardrobes. A special thanks to Barb and Raewyn for their creative expertise and generosity with these projects

The PURPLE team have, under their umbrella, a group of designated residents. If you or your relative is a PURPLE member and have any queries, concerns or suggestions, please don't hesitate to ask to speak with any member of the PURPLE team. If they can't help, they will direct you to someone who can.



**PURPLE projects...  
little things matter.**

### Registered Nurses

Robyn Williams, Coleen Allison

### Occupational Therapist

Sue Robertson

### Physio Assist, Caregiver

Nicola Hetzel

### Senior Caregivers

Lillian Urrutia, Raewyn Hedderwick

### Caregivers

Barbara Slierendrecht,  
Frances James, Tiffany Rowlinson

## Welcome to...



▲ Bernard & Joan Pasche



▲ Leon Simkin



▲ Moira Henderson



▲ Val & Henry Driver



▲ Liam, new son of RN Robyn Rihari



▲ Eleanor, daughter of Physio Sarah Kennedy

## Bucket List Competition...

There's an old saying that it's not the things you do in life but the things you didn't do that cause regret. So we're holding a Bucket List competition for the residents of the Robinson, Paterson and Tui wings.

Send us a list of the things you always wanted to do but haven't got around to because you haven't had

the time, energy or money to make it happen.

We'll help make some of the best ideas happen - although maybe not quite in the way you may expect.

You can deliver your list to Robyn at reception - or email it to [admin@kerikerivillage.co.nz](mailto:admin@kerikerivillage.co.nz)

## Profile FRANK LEWIS – HEAD GARDENER

I'm the Head Gardener at the Kerikeri Retirement Village and I've been here for just over 4 years. Together with three other gardeners, I'm responsible for the maintenance and upkeep of the cottages and shared gardens in the village.

My wife Lynnette and I have two sons and three grandsons. We own a small property on Kapiro Rd where we enjoy a relaxed lifestyle. We're not connected to the national grid so we make our own power using eight solar panels and a wind turbine.

All our cooking, hot water and heating comes from a modern type coal range so one of my main chores in life is lighting the fire and collecting firewood.

We're fortunate to live right next to a beautiful lake which has plenty of bird life on and around it. We intend to make a water bird sanctuary and this will be our retirement project.

I had a pretty good education going to schools in Otorohanga, Tarata and finally Otematata District High School. After leaving school at 16

I joined the Royal New Zealand Navy where I served as a Petty Officer Radioman. I am a Returned Serviceman, having served in Malaya and other areas of the Far East.

On leaving the navy I became the School Property Manager at Northcross Intermediate School where I stayed for the next 23 years. I also did a small stint at farming here and in Australia which included dairying, growing of rice, barley and oats.

I have many interests – I am the Secretary of the Kerikeri RSA where the welfare of Returned and Service members and their families is of great interest to me. I assist RSA members and their families searching family member's military service and retrieving unclaimed medals from Defence HQ in Wellington.

I am the President of the Northland Deerstalkers Assn. I enjoy shooting but these days mainly at targets. I collect British Lee Enfield rifles and am a keen amateur Military Historian, interested in New Zealand & British Military History.



## Christchurch Quake Stall



Residents and staff of the Kerikeri Retirement Village held a cake & produce stall on Tuesday 8<sup>th</sup> of March and raised \$708.00 which was donated to the Red Cross for the Christchurch Earthquake Relief Fund.

## Diary Dates

### June 2<sup>nd</sup> ▶ Movies

The Sound of Music

Matinee 2.30pm

The King's Speech

Evening 6.30pm

### June 22<sup>nd</sup> ▶ Afternoon Tea

Wendywood Afternoon Tea

in the Wendywood Lounge

2.30 pm to 3.30 pm

### June 24<sup>th</sup> ▶ Quiz

Quiz Time: 4-6 pm

Soup to follow quiz. All Welcome

### July 22<sup>nd</sup> ▶ Trip

Cottage Bus Trip

to Kauri Cliffs for late morning tea

Leaving from reception at 10 am

### August 5<sup>th</sup> ▶ Trip

Wendywood Bus Trip

to Luke's Cafe at the Marlin Hotel

Whangaroa

## Regular Events

### Cards ▶ 500

9.30 am on Mondays and Fridays

in the Wendywood Lounge

### Scrabble/Rummikub

Thursdays 1 pm in the Social Centre

### Over 60s ▶ Community Dinner

Held on the first Tuesday of every month in the Social Centre

### Tai Chi

Mondays and Fridays at 11am in the Social Centre

### Fun Fit with Chrissy

Mondays and Fridays at 9.30 in the Social Centre

### Friday Night Social Group

5 pm in the Social Centre.

BYO bottle and glass. All welcome.