

Village Times

Kerikeri
Retirement
VILLAGE



Bet Petrie - Village Manager

SEPTEMBER 2010 | ISSUE 1

Welcome...

TO THE 'NEW LOOK' KERIKERI RETIREMENT VILLAGE NEWSLETTER

The Village is a happy and vibrant place to live and work and there is always something new going on. We hope that through these pages you get to know our staff and residents, learn what goes on behind the scenes, and enjoy hearing the stories of the people who helped shape our community.

I'm very pleased to announce that Adrienne Ardern, who has been with us for 11 years, was recently appointed to the role

of Village Administrator and will handle all matters relating to the cottages and Wendywood Apartments. Lisa McKee-Wright fills Adrienne's previous position of Accounts Manager.

In other exciting news, Kerikeri Retirement Village is now offering a free Home Support Service for all residents residing in the Village. The service provides assistance and ensures that those living independently in the village re-

main in their own home for as long as possible. The service, which includes personal care and help with housework, is available seven days a week and is funded by the Northland District Health Board.

Residents who do not qualify for free assistance can still opt to pay for the Home Support Service.

To discuss your options call Joanna Comely or Jan Bennenbroek on **09 407 0070**

Ready to Roll!

As a not-for-profit organisation we rely heavily on donations and bequests to provide extra luxuries for our care residents. Thanks to the generosity of the local community we have been able to purchase a number of mobility chairs.

The chairs, which cost in excess of \$2,000 each, are a cross between an armchair and a wheelchair.

Thickly padded for improved comfort, the chairs are deceptively light and manoeuvrable which makes them ideal for taking our less mobile residents for a 'stroll' in the garden.

We are extremely grateful for the chairs donated by Keith Bilkey, Nell Graveson, Margaret Malcolm, NZ Guardian Trust, Harley Paton and Edna Tobin and for the significant contributions made by Owen Baxter, Connie den Hoed, Loyd and Trevor Rowsell, Phyllis Wagstaff and Harry Watson.



Volunteer

TO MAKE A DIFFERENCE

As a charitable trust we rely on the generous support of volunteers to assist with serving morning and afternoon tea, reading to our residents, changing flowers and a host of other small daily tasks that make a world of difference to the elderly.

If you can spare an hour or two a week, we would love to hear from you. To find out more

ph 09 407 0070

mandy@kvtrust.org.nz



INTRODUCING

Jan Bennenbroek

My name is Jan Bennenbroek and I have lived in Kerikeri for almost eight years, which makes me a relative newcomer!

I have three teenage girls at Kerikeri High School and a house full of pets including cats, guinea pigs, goldfish, a dog and a budgie.

On my days off, I enjoy watching my girls play netball, patchwork and quilting, gardening and spending time with friends and family.

My role is Clinical Manager and I have the best job here! It's a real challenge and I feel privileged

to be part of the Kerikeri Village Team; each day is different and I meet so many wonderful people.

There are three units in the facility and each provides a different level of care.

We have the Paterson Wing offering rest home level of care and that has twenty three rooms. The Tui Wing is a dementia unit that accommodates twelve and the Robinson Wing has twenty rooms catering for those who need total care.

I'm responsible for making sure there is enough staff to care for

the residents. We have a fantastic team of ten Registered Nurses and forty Caregivers who work 24 hours a day, 365 days a year.

We also have three part time Physiotherapists on site Monday to Friday for at least half a day, and an Occupational Therapist and two Diversional Therapists who work four days between them, organising activities for the residents.

We encourage families to join in the activities and we are always looking for volunteers to help. For more information contact Mandy at reception.



Here at Kerikeri Retirement Village we're always ready to celebrate life! Each month we host a Devonshire Tea at The Pear Tree for the residents who are celebrating a birthday.

This month we're wishing a big Happy Birthday to Robert Hanson, Anne Kool, Eddie Edwards, Harley Paton, Lynne Cooksey, Beryl Mangan, Freda Bowler, Sybil Aicken, Tony Hajnal, Sybil Cannon and John Callagher.



Shaking it!

A recent competition held by radio station MORE FM saw us become the first Retirement Village to take up the challenge to become 'Music Idols'.

In just two days we put together a karaoke routine that would put many younger pop stars to shame.

MORE FM COMPETITION

While we didn't actually win, everyone had a blast and we made our own music video.

You can check out the KRV residents in action 'Shakin' It'. To view go to www.youtube.com then search for Kerikeri Retirement Village.

CHAPLAIN PRESENTED WITH INTERNATIONAL

Award



Congratulations to our Village Chaplain, Sue Reid, who was recently honoured by the Kerikeri Rotary Club for her services to the community.

Sue was overwhelmed to be presented with a Paul Harris Fellowship Award which is recognised internationally.

Welcome to ...

In each issue we'll welcome our newest residents. When you see them about the Village, or in town, please introduce yourself and make them feel welcome so that they settle in quickly and enjoy their new lifestyle.



Connie den Hoed



Mary Bourke



Daphne Thomas



Michael Anderson



Nessie Waters



Gwen Smith

STAFF TRAINING

Recognition

Visitors in reception will notice the new honours board that recognises the training achievements of our Care Staff.

Kerikeri Retirement Village uses the Health Ed Trust, Aged Care Education (ACE) system to train staff.

There are four steps to attaining the NZQA National Certificate in Care of the Older Person using the ACE system. The education is through self directed learning packages, marked by our qualified onsite assessor, Staff Development Coordinator Chris Coakley. Each achievement is recognised

with a coloured tile next to the caregivers name, identifying the next step towards full certification. The final tile recognises that the caregiver has passed the National Certificate qualification. Staff that have attained National Certification through other training providers/systems still have their qualification recognised with the National Certificate tile. In addition ACE qualified staff wear badges at work, identifying their level of training.

We are immensely proud of our staffs' achievements and hope you enjoy keeping an eye on their progress as much as we do.

Congratulations to Jan MacLennan and Jane Massey who both recently qualified as Diversional Therapists.



Christine Billings - Diversional Therapist

Life is ...

If there's one way to make sense of life, it's through writing about it. That's the belief of Whangaroa author and biographer, Fiona Craig, who maintains that everyone has a story worth telling but not everyone has the time or ability to produce a book.

She says the most important lesson she has learned in her career as a professional biographer is that each story is a chance to create understanding. Fiona discovered this for herself when she commissioned her father's biography ten years ago. During the process she learned a great deal about him that she might never have known. The biographer had been privy to intimate aspects of his life and in reading his story Fiona was able to see him in a different light.

Realising the need for such a service Fiona, who had a background in journalism and broadcasting, and her partner Tony Kay established Weaving the Strands,

ANYTHING BUT ORDINARY

a boutique publishing house geared toward the professional production of biographies.

Fiona says that New Zealanders are typically self-effacing and many believe their lives are too ordinary to write about. She believes nothing could be further from the truth and that life is anything but ordinary. She says our capacity to imagine, express, love and grieve is what makes each person's story unique.

For some people, telling their story can provide an opportunity for healing and can help families address issues before it's too late.

She also points out that the elderly have often lived through events of historic significance and their perspective can add clarity to the events of that time. Some of the books she has written are held at the National Library of New Zealand and in various regional and university libraries.



Fiona Craig and Tony Kay of 'weaving the strands publishing'



VILLAGE GARDENING SUPPLIES



Surplus Plants, Compost & Seedlings grown in the village propagation area are available from the Village Gardening Team. Availability will vary.

Plants \$5.00 Punnet of seedlings \$2.00
Compost – Donation

Please see the Gardeners with any enquiry.

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wendy@lawdirect.co.nz

09 407 3005

Remember when ...

Every issue we'll feature reminiscences of a village resident. In this issue Harley Paton tells us of his memories of the Napier earthquake. We had already asked Harley to share his memories before the Christchurch earthquake struck and his story seems especially poignant in light of recent events.



The Napier earthquake is a day I'll never forget. It happened on the 3rd of February 1931 at 10.46am.

I was 5½ years old and it was my first day at school. I have no memory of going to school that day but I'm certain my older brother took me.

My first clear memory was sitting in the playground on a nice warm day watching the big kids chasing a soccer ball around the grounds.

Suddenly the ground started to shake. I was very scared and it was impossible to stand up. It was the first day at school so everyone was outside and there were no classes organised.

The school was a single floor brick building and it completely collapsed so we were all sent home. To get there we needed to go down a long flight of concrete steps but a man at the top of the steps wouldn't let us because the ground under the steps had disappeared. We ended up walking the long way round on a road that overlooked the city and we saw fires starting in two places.

We finally got home and Mum was waiting anxiously. Our house was below road level and the section sloped away quite steeply. The house next door had collapsed

down the section. The woman was killed. Across the road was a steel water tower which had also collapsed.

My next clear memory is sleeping outside on the lawn. All night we heard the rumble down below and then the tremors would arrive. We didn't get much sleep as we were always worried how big the next one would be.

I don't remember too much about the following days. I finished up down in Dannevirke with two aunts. From there I went to live in Lower Hutt which is where my childhood memories really start.

Anyone who says earthquakes don't worry them has never been in a big one.

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Lucky Escape ...

As you are no doubt aware, Cottage 33 suffered serious damage in a fire back in April of this year. Fortunately, long time resident Mrs Norma Smith escaped the blaze without injury.

Thanks to the generosity of the Bingham family, Mrs Smith has, been temporarily accommodated in Wendywood Unit 9, but is long-ing to return to her own home.

On September 13th Lifestyle De-velopments will start rebuilding the damaged cottage and the crew

will work from 8 am to 6 pm Mon-day to Saturday to complete con-struction as quickly as possible.

As part of the rebuild Mrs Smiths home will be fitted with a Fire Denyer System that will automati-cally shut off the electricity in the event of a fire. As houses are upgraded these will be retrofitted so that eventually all the Cottages will have this system installed.

There will undoubtedly be some noise during the building project, particularly during the first two or



three weeks when they will need to use a ramset gun, and we apol-ogise in advance for any incon-venience that may cause. The re-build is due for completion early December. We wish Mrs Smith a speedy return home.

Art A TOUCHING TRIBUTE



Logan Strong, a member of the gardening team and a talented artist, was commissioned by the Harford family to create a mural in memory of Bill Harford.

There are lots of textures to touch and bright colours to brighten up the Tui wing Dining room.

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VENUE HIRE

LOOKING FOR A MEETING OR FUNCTION VENUE?

The Wendywood Lounge can comfortably accommodate up to 100 guests depending on the seating configuration.

Next door we have a stand alone non-denominational chapel that can be used for weddings, christening or funerals. The inhouse sound system also makes this an ideal small conference or product launch facility.

There are also a number of meeting rooms available for hire which can seat up to 20 people.

All venues have a separate external access available from Wendywood Lane. Some off street parking is available and we can arrange more with sufficient notice. There's a kitchen available to heat food and prepare hot drinks or you can take advantage of the in-house catering. You are also welcome to use your own caterers.

Fees will vary by room size and duration required.

To enquire, or to make a booking, call Robyn on **09 407 0070**

Food for thought

Next time you're rushing to get the family lunch, spare a thought for our cook and kitchen hand who prepare close to a 100 lunches per day during the week and about 70 each day on the weekends. During the evening one person cooks and plates around 55 meals before cleaning the kitchen.

In addition to the in house catering, the kitchen also prepares the Meals On Wheels for our local area taking care of around 30 sick and elderly in our community.

Kitchen staff also cater for many public meetings and gatherings for groups that hire out the various meeting rooms, hall and chapel on the village grounds.

Tepara HeiHei, Cook

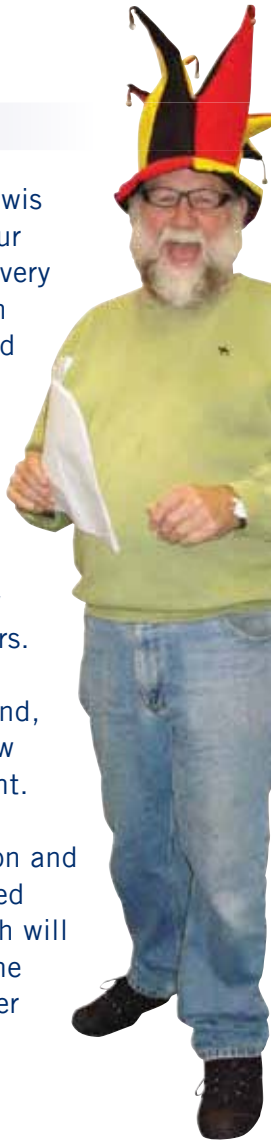
QUIZ NIGHT

Gardener Frank Lewis was in good humour as he asked some very tricky questions on the Quiz Night held in August.

Jean Beaver, Janet Pickavance, Joyce Mason, Virginia Robinson and Lynne Cooksey took out top honours.

Due to huge demand, Quiz Night will now be a quarterly event.

Entry is by donation and the last event raised almost \$200 which will be used towards the purchase of another Mobility Chair.



Housie

Every Monday from 1 until 2.30pm we host a Housie afternoon in the Social Centre on Wendywood Lane.



Everyone is welcome and we have a few 'townies' who join us to take their chances. Cards costs just \$2.50 and some of our skilled regulars play up to 4 cards a time.

We have line and house prizes and a Jackpot. A 'wee flutter' is good for the spirits plus it's great way to keep your mind challenged. Bring your friends and a little cash for an afternoon of great fun.

Pilates



WEDNESDAY 3.30 - 4.30PM

BEGINNERS WELCOME • BRING A FRIEND

We need 7 people for classes to begin. Buy a 6 class session ticket.

Staff \$5.00 - Community \$10.00 per session

Interested? ph 407 0070

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If you, or anyone you know, would like to receive our newsletters by post or e-mail please advise us at: admin@kvtrust.org.nz or **09 4070070**

If you would like to contact a Trustee or Board Member please ring

Keith Ardern, Board Chairman **09 407 7142**

Diary Dates

QUIZ NIGHT 22 October in the Social Centre from 4pm. Entry by donation

OVER 60S DINNER First Tuesday of every month from 6pm. Cost - \$ 7.50

CARD GAMES Come along for an afternoon of 500 from 10 am on Mondays and Fridays in the Wendywood Lounge.

BUS TRIPS

24 September bus trip for apartment residents. Free of charge.

8 October Bus trip to Rawene for cottage residents. Free of charge.

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