Betty Petrie - Village Manager

## Welcome...

#### TO OUR NEWSLETTER

We've had lots to celebrate recently starting with Selwyn Thompson's 100<sup>th</sup> Birthday. Happy Birthday Selwyn, you're an inspiration to us all!

Something else worth celebrating is that we're now able to offer an extra Social Day for those in the early stages of dementia. This service is FREE and we offer fun activities from 10am - 2.30pm in our Social Centre.

Participating ensures that a person with dementia is getting the right stimulation to keep their brain active and, just as importantly, is enjoying social interaction outside their home. It can also provide caregivers some much needed time out.

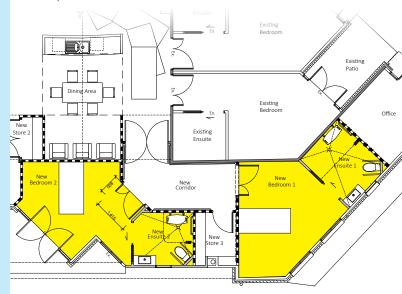
Dependant on location, we can even offer a pickup service to participants. We have limited spaces available and you'll need to be assessed by your Doctor to see whether you qualify for this service.

In other good news, we are very pleased to welcome two very well respected members of the community on to our board of trustees. Their positive outlook and professional backgrounds are a real asset to the village and you can learn more about them on page 3.

# New rooms to be added to Robinson Wing

We are excited to announce our plans to build two new rooms and a new family area in the Robinson Annexe. Building is expected to commence mid to end July.

The double doors at the end will be closed off and seating placed in the centre, making the annexe more cosy for residents and family. The two new rooms with en-suites are shown coloured yellow on the plan.



## **OPEN HOME**

Monday 22<sup>nd</sup> June 10am-7pm

Ruatara Drive, Kerikeri

For more information call 09 407 0070

### Join us for a no-obligation viewing

We have a modern three bedroom cottage available now and options for upcoming 2 bedroom cottages.

We invite you to view this lovely property, located in the heart of Kerikeri. No appointment necessary, just visit reception and we'll arrange a tour.







Selwyn Thompson isn't sure what all the fuss is about. It is, after all, just a birthday. He wasn't too keen on a story in the paper either. Well, maybe a paragraph. That would do it, he said.

Selwyn celebrated his 100th birthday in low-key fashion with an invitation for friends to pop around to his place at Kerikeri Retirement Village, where he lives independently with his wife of 73 years, Lois.

He also headed to Rotorua over the weekend for "a bit of a family bash". He and Lois were joined there by their five daughters, eight grandchildren and 13 great-grandchildren.

Selwyn's tips for a long and healthy life are simple. "Plenty of plain food and not too much grog. And you've got to have something to do and keep you occupied, that's what keeps you alive." Selwyn knows about keeping occupied. After his first retirement at the age of 60 he and Lois moved to Kerikeri, where he worked on his sonin-law's orchard until he retired for the second time at the age of 98.

Born in Motueka in 1915, his working life began at the age of 14 when the Depression set in. He earned the princely sum of 12 shillings 6 pence working for a wholesaler in Auckland.

Later he landed a job with his grandfather's firm, Thompson and Hills, which produced Oak canned fruits, jams and marmalades.

In 1941 he enlisted in the Army, married his sweetheart with four days' notice to their parents, and was sent to Egypt with the 24th Battalion. As a reconnaissance officer in the Signal Corps his job was to go ahead of the troops to set up radio communications.

He fought at El Alamein and later, with the 21st Battalion, helped lead the charge up through Italy. He got home to Lois five years later.

He returned to the family firm, setting up a factory in Napier and later, after the Watties takeover, running factories in Christchurch, Nelson and Dunedin. Somehow he also found time for sailing, Rotary, the RSA and Probus.

Story and photo by Peter de Graaf of the Northern Advocate.

Selwyn and Lois Thompson, who have been married for 73 years, share a chuckle on his 100th birthday.

Selwyn isn't too quick on his feet these days but he still gets around. And he's sharp as a tack with a wry, self-effacing sense of humour. He's just not convinced about this birthday fuss.

"I've never had so much fuss in all my life as these last two or three days," he said.

Sorry Selwyn, that was a bit more than a paragraph. We hope you had a happy birthday anyway.

### Welcome to...



Bruce and Freda Small.



Ian and Eunice Faulkner.

### **Meet our new Board Members**

#### **VICKI DOUGLAS**



I lived and started school in Kerikeri so I have always viewed Kerikeri as my home town.

My family moved to Auckland so that my four sisters and I had opportunities when we left school. For me, it was moving to Upper Hutt to attend the School of Pharmacy. I qualified as a pharmacist in 1982 and have spent the last 33 years in retail pharmacy.

I have two beautiful girls - Katherine, now 25, is off to Melbourne to study for a Masters in Enterprise. Elizabeth is 23 and has a business and tourism degree. She works in the marketing arm of the Department of Conservation in Wellington. In the early years I was a stayathome mum, on a 10 acre property raising miniature Hereford cattle, doing volunteer work and the occasional pharmacy job to keep current. I returned to fulltime work in 2003.

My post-divorce move to Kerikeri in 2008 was about reinventing myself. I bought into a pharmacy business and later expanded into

Waipapa. My forte is in systems, management and human resources so you will often find me "out the back" rather than on the dispensary floor.

I serve on the Rural SLAT committee which deals with the DHB rural funding for health services.

My spare time is taken up with Rotary and I have held many positions within the Kerikeri Club.

My involvement in the Kerikeri Village Trust came about from providing medication services for the residents at the Village. I was proud to be asked to be a member of the Board and I look forward to working towards a good future for the Village Trust.

#### **SUZANNE BROCX**

My name is Suzanne Brocx. I am married to Terence and we have two stunning adult children, Rachell (aged 22 yrs) and Daniel (aged 20 yrs). Terence and I run a 2 dairy farming enterprise employing 4 full time staff in Northland. My position as director undertakes the role of governance and administration.

I am a registered nurse by trade and a palliative nurse at heart.

I gained my Masters in Nursing (Clinical) in 2008. I worked as a clinical nurse until 2008 when I joined the North Haven Team as a regional educator/advisor where I set up a palliative care education service within Northland. I left this role in December 2013. I have also held management positions



at Greenlane Hospital, Auckland as manager of the Ear Nose and Throat Department for (1989 – 1990) and was Manager at Hospice Mid-Northland for 10 ½ years until my departure in 2008.

Currently, I am a contractor to Hospice New Zealand managing two Ministry of Health funded projects (Hospice New Zealand standards for palliative care and Fundamentals of Palliative Care Education) and contract to Pal-Care Pty Ltd (an online patient management application) as a Clinical Consultant.

I have close links to Kerikeri Village. Leading the Hospice, I was part of the team that moved to the purpose built Hospice when it opened.

My father spent the last 17 months of his life in Kerikeri Village Trust and my mother volunteered at the social centre until her death in 2011. My cousin Robyn is the smiling face you see at the reception.

It is a privilege for me to give back to this organisation and to share my clinical and business skills.

## Remember when...

I was born on the 21st December 1916 in The Hague, in the middle of World War I. As The Netherlands was neutral territory, any soldiers that strayed over our borders were interned with our civilians. The 5 officers of the British Grenadier Guards so enjoyed living with us that they had a military tailor make a replica uniform for me, complete with cap and swagger stick.

Later my family emigrated to Paris where my parents worked in the theatre.

My sister and I hung about there and were entranced by the shows, especially the English "Tiller girls" high kicking and tap dancing. They taught us how to dance and we were onstage from age 11 and 9. We practised balance on top of a house boat and I lifted weights to be able to lift her in the dances. In time we become professional. I also sang and did impersonations.

In 1939 when war broke out again we were sent home and were invaded by the Germans in 1940. We were unable to dance any more unless we signed up to a Nazi or-

ganisation. I joined the resistance and we carried out many daring raids. I was captured and escaped seven times until I was put in solitary confinement in a maximum security prison. After some very rough treatment I was set free in 1944. The allies were advancing and I decided to join them. Under a rain of bullets I managed to cross over enemy lines and joined a Canadian outfit 9th battery "Toronto" of 11th artillery regiment. When I eventually returned home mother was surprised to see me as she thought I had been killed.

WILLIAM WITSTIJN REMEMBERS HIS LIFE.

I later joined the British army to help liberate the Dutch East Indies and received specialist training in booby traps, mine laying and

When I demobbed in April 1950 I was too damaged to dance but met and maried Willy. With a free

VIIIage Times

fare we sailed to NZ in April 1952 on MV "Fairsea" and landed in Wellington in May. We adapted well, had work and had two children John and Betty (now Betty Petrie - Manager at Kerikeri Retirement Village).



- I was the youngest officer in the British Army and the King did not know anything about it.
- This is me, very thin, in my Canadian uniform).
- Dancing the Adagio, my sister would slide down head first in front of me and only 5 inches from the floor. If I did not hold her she would have broken her neck. The dance was a show stopper.



## A better lifestyle

## KERIKERI VIIIage



## **Cottage 51**

113a Kerikeri Road Kerikeri







This 142m2 stand alone modern home, with an internal access garage, has a lovely sunny aspect and plenty of privacy.

- Large kitchen with oven, hob, rangehood, and double dish drawer
- Spacious lounge with Heat /Cooling Pump
- Sunny, generous sized conservatory
- Master bedroom has ensuite and walk-in wardrobe
- Pedestrian access to the Village facilities
- Bathrooms have walk in shower, extractor fan and heater, vanity unit with mirror and heated heated towel rail
- Internal garage with laundry
- External washing line

Price \$430,000







The flu virus is a highly contagious, serious illness that can be deadly. It is transmitted easily through the air or from contact with surfaces or other people so it is almost impossible to avoid and every year one in five New Zealanders is affected by the flu.

The reformulated 2015 vaccine includes two new influenza strains to provide better protection. All adults and children over six months can be immunised. This is subsidised for:

- those aged 65 years or older
- people from six months to 65 years with any medical conditions that place them at an increased risk of influenza complications
- women who are pregnant

The influenza vaccination is also recommended for people in close contact with individuals at high risk of complications. Since 2014, Unichem and Life pharmacists have been able to provide flu vaccinations.

HAVE YOU HAD YOUR FLU VACCINATION YET? SEE YOUR DOCTOR OR PHARMACIST TODAY!

### What's in a name?

In recent newsletters we have been sharing the origins of the various place names of buildings and streets throughout the Village.

Ruatara Drive was named after a local Maori Chief. For most of his life Chief Ruatara lived in the vicinity of Te Puna. On 25 December 1814, he and his uncle Hongi Hika welcomed Samuel Marsden and Thomas Kendall onto Ngāpuhi land.

By hosting the first Christian mission station to be established in New Zealand, Chief Ruatara was one of the first Ngāpuhi leaders to become closely associated with Europeans. Iwi were left in no doubt about who really ran the new mission station and who was the rising star of the Bay of Islands.

Through the mission, Chief Ruatara obtained European plants, tools and pistols. Distributing European

goods and knowledge increased his mana (power, influence, prestige).

He was a man with considerable business acumen and by 1815 Chief Ruatara had laid the foundations of a flourishing wheat industry, however his plans to set up a steady export industry were cut short by his death. He died on 3 March 1815, following a monthlong raging fever.

## **Diary Dates**

### **Art Gallery Tour & Lunch**

Friday 12<sup>th</sup> June | 10.00am Art Gallery Tour and lunch at the Rusty Tractor.

### **Afternoon Movie**

Wednesday 17<sup>th</sup> June | 2.30pm Afternoon Movie in the Social Centre.

### **Quiz Nite**

Friday 26<sup>th</sup> June | 4pm Quiz Nite in the Social Centre.

### Winter Warmer Wine Trail

Friday 3<sup>rd</sup> July | 1pm

### **Community Dinner**

Tuesday 7<sup>th</sup> July |5.30pm

Community dinner in the Social Centre.