

Village Times

KERIKERI
RETIREMENT
Village

SEPTEMBER 2014



Betty Petrie - Village Manager

I would like to start by thanking the many people who supported our recent rugby raffle, either by buying tickets or donating time to help sell them. The money raised will be used towards our Community Outreach programmes that assist the elderly who want to remain

Welcome... TO OUR NEWSLETTER

living in their family home for as long as possible.

The programmes also provide support to family and carers of the elderly but because of budget cuts we will need to continue to fundraise if we are to offer the same level of service our community relies on.

We are also fundraising for a new hoist that will enable us to move residents with limited mobility more easily and safely. We are always looking at ways to

make life more comfortable for the people in our care and a recent initiative has seen us leading the way in reducing pressure injuries that can occur when a person's mobility is limited.

And lastly, also on the good news front, we are thrilled to have found someone to run our community dinners. Diners enjoy great food, and plenty of great company. So bring your friends (they must be at least 60 years young to participate) and join us for a fun night in the Social Centre.

Staff Contribute To Positive Change

Five of our staff are involved in a quality improvement project to reduce new pressure injuries for residents of the care facility.

To better understand the issue we needed to do some root cause analysis and decided to get all the staff in the facility involved. We taped a blank 'fish bone' style diagram to the wall and asked staff to contribute.

After two weeks we had four A1 sheets full of suggestions on how to improve our processes.

The group is now finding solutions and our successful exercise is the talk of other care facilities around Auckland and Northland. It's likely that our experience and findings will be published within the industry as an example of how to effect positive change.

Community Dinner Returns

We are excited to be hosting this event again. The award winning team from Neat Eats will be catering.

The dinners will be held at 5.30pm on the first Tuesday of every month with the next dinner taking place on October 7th.

Wine and juice will be served in the usual way and there will be a raffle. The meal is now \$15 (as you can appreciate we now have labour costs to cover) but this is still great value.



Help Us To Help The Elderly

Kerikeri Retirement Village is a community Charitable Trust. Our funding comes mainly through government funding programmes and is really only sufficient to cover the basic services, however we think the elderly of Kerikeri deserve so much more than that.

We provide a raft of support services at the Village and any profits we generate are used by the Trust to benefit the elderly within our village and also within the wider community.

Like all charities, we're spending an increasing amount of time fundraising to make ends meet. We need at least \$25,000 per year more to make a difference but with demand growing, we need to raise around four times that to continue providing the same level of service our commu-

nity has come to rely on.

Our recent Rugby Raffle raised an impressive \$2,000 and this money will be used towards our Community Outreach Activity Days which provide valuable companionship and social interaction for those that live alone. Every dollar we receive makes a difference and helps our elderly to live healthy, fulfilling lives.

We are also currently fundraising \$11,000 for a patient hoist with scales.

Our Village Support Team has laid down a challenge to our Grounds Team which will see them competing in a driving skills challenge using the golf cart vs the ride on mower. Spectators will be encouraged to place a bet on their favourite team.

If you would like to make a donation towards any of our fundraising efforts please contact our reception on 09 407 0070 or you can donate online on our website www.kerikerivillage.co.nz.

Hoist For Safe Lifting

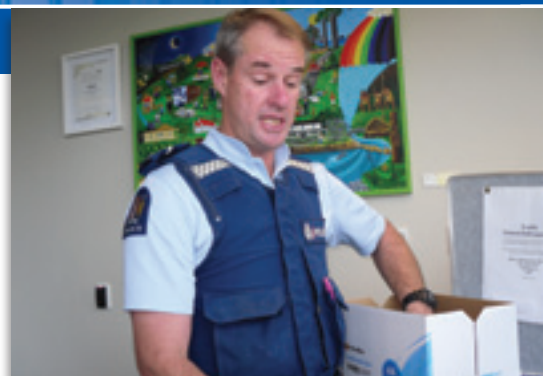
We are currently fundraising for a Maxi Twin Hoist with an integrated scale which will cost \$11,000. Accurately tracking a person's weight is essential for optimising health-care and this hoist will allow us to weigh residents who are unable to bear weight or support themselves in an upright position.

Weighing in this fashion also prevents unnecessary handling for the resident which minimises damage to thin skin and, just as importantly, helps to protect their dignity.

Staff also benefit from maximum assistance in lifting, positioning and rotating the resident in the sling, which enhances the safety and efficiency of transfer routines.

During October shoppers at Kerikeri New World will be invited to make a small contribution as they pass through the checkouts.

Many thanks to New World for their efforts in once again contributing to our local community.



RUGBY

Raffle Winners

Congratulations to our lucky winners who took home their share of almost \$5,000 worth of prizes including premium seats and All Blacks supporter's jerseys.

With so much at stake we had Constable Rob of the Kerikeri Police Station keep a close eye on the prize draw.



1ST PRIZE

Roger Jeffery of Kaero

2ND PRIZE

Sue Bodle of Whangarei

3RD PRIZE

Jason Maxwell of Pahiā

4TH PRIZE

Michaela Plesley of Whangarei

5TH PRIZE

Summer Boyd of Kerikeri

The prize for selling the most tickets went to staff member Adona Cox who spent several Saturdays in the pouring rain but eventually sold 260 tickets.

THANK YOU TO EVERYONE WHO CONTRIBUTED.



April 1986



Opening Ceremony - 27th September 1986
Minister of Health, Dr Michael Bassett.



Left to Right: Jean Gross, Dr Bassett, Ian Knox



February 1993 - Opening Wendywood Apartments.
Dame Cath Tizard & Tui Cherrington assist
Catherine Fitzgerald to cut the ribbon.

Happy Anniversary Kerikeri Retirement Village

September 26th will be the day we celebrate 'Founders Day' at Kerikeri Retirement Village. It is 28 years since the Village became ready for occupancy with the first cottages for Mr and Mrs Gordon Bell and Mrs Nell Graveson being completed in September 1986.

Generous bequests from the estates of Mr Herbert Hugh Murray and Mr Jock Graveson in 1982 allowed the purchase of the first blocks of land for the Village. The vision of these gentlemen was to ensure that sustainable retirement living options would be available for the growing township of Kerikeri and the greater Bay of Islands.

The Kerikeri Village Trust was founded in 1983 as a non-profit community venture between Presbyterian Support Services (Northern), the Murray-Graveson Trust and the Auckland Methodist Mission. Further assistance from the Presbyterian Support Services and Auckland Methodist Mission in later years allowed for the purchase

of further land to provide an amalgamated site of 11 acres.

The Kerikeri Village Trust was ably led and supported for most of the ensuing years by founding members; the late Mr Ian Knox (1983-2011) and Mr Keith Arden (1983-2012). Under the leadership of Chairman Mr John Baird since 2011, the Trust has made further purchases and the Village is now closer to 14 acres, with 62 cottages, 21 apartments and a care facility for 66 residents.

Some well-known Kerikeri residents have also had a lot of input into the founding and continued growth of the Trust and have also been involved for most of the 28 years

(and in some cases, still to this day) including Mr and Mrs Bruce and Helen Norman, Mrs Maj Paterson (Patron) and Mr and Mrs Henry and Val Driver.

The spacious layout, modern facilities and beautiful grounds we enjoy today are all due to the hard work and thoughtfulness of all of these people and the many, many more who worked tirelessly as volunteers over that time. We are grateful for their selfless contribution to our Village and our community.

We plan to celebrate the foresightedness of our Kerikeri Village Trust Founders by holding an afternoon tea for all residents in the Social Centre on September 26th from 3pm - 4pm and hope that you will join us.



Come And Join The Fun

Here at Kerikeri Retirement Village there are plenty of opportunities to enjoy life. Our services are based on the premise that it's better to have more life in your days rather than more days in your life! We've included a few photos of some of the outings we've been on and the fun we've had together.

Our staff are always looking for opportunities to provide interesting and enjoyable things for you to do. On November 25th we are putting on a pre-Xmas Variety Show in the Social Centre from 6-7.30pm for our residents and friends. We'd love you to join in, either as a spectator or as part of the show! Call Frances to discuss your participation.

Love living in Kerikeri? We can help you to remain part of our fabulous local community. As we're right in town, it's easy to keep up with what's going on there too.

DON'T LIVE HERE YET? WHY WAIT?

If you'd like more information
call Frances Shaw on 09 407 0070 or
email frances@kerikerivillage.co.nz

Updating Your Will

BY NICOLE PROSSER, LAW DIRECT

Your will, like most things in life, needs regular maintenance to stay in good condition. Life and circumstances change over time, and your will should reflect those changes.

Examples of things you need to consider include:

- Are there any new grandchildren to consider?
- Have there been any marriages/divorces in the family?
- Has a previously named beneficiary passed away?
- Has there been any change in the circumstances of your executor, guardians, trustees etc?
- Would you like to donate to a charity?
- Has there been a significant increase / decrease in the value of your estate?
- Has there been any changes in the tax laws?

When updating your will consider if it is the best vehicle to carry out your wishes. A trust offers added flexibility and can operate while you are still alive so that your wishes can be better carried out when you are not physically capable of managing your estate. Like wills, it is also important to revisit your trust periodically to keep it up to date.

It's also important to keep your Enduring Powers of Attorneys up to date. You must be sure that the individuals appointed to act as your agents can make sound medical and financial decisions, on your behalf, when you are unable to do so. So review these regularly and we recommend that you consider appointing a successor agent.

Estate planning is often not a top priority, but keeping key documents up to date will allow your estate and assets to be properly managed.

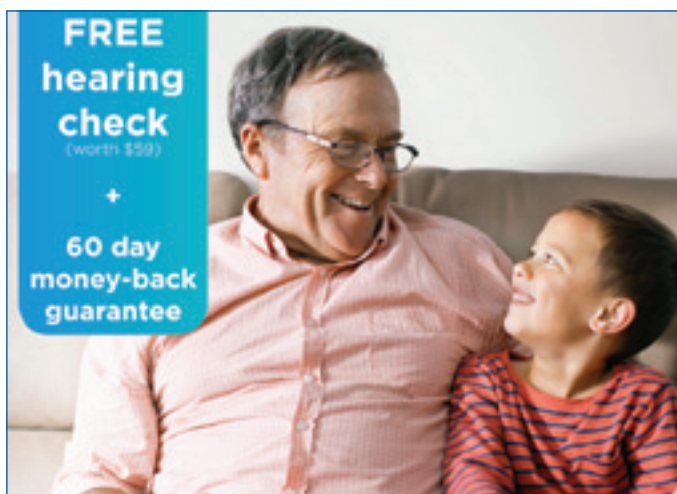
Caring For Hearing Aids

BY CRAIG DAUNHEIMER, BAY AUDIOLOGY

Taking care of your hearing aids is easy. Firstly, make certain you open the hearing aids' battery doors each night. This helps preserve battery life. Furthermore, storing your hearing aid in a drying container with the battery out and the battery door open is the best way to prevent cumulative corrosion and moisture damage.

Cleaning your hearing aids each and every morning after taking them out of the drying container is critical to ensuring your hearing aids continue to function well. Brushing off the domes/grommets of a thin-wire or thin-tube hearing aid or the inside holes or bores of an all-in-the-ear hearing aid will do the trick. Using the pick end of your brushing tool to scrape the tiny particles off the dome/grommet tips is also good practice. If you do not have the proper cleaning tools, I can help you with that.

With proper care, your hearing aids will provide you with many years of use and improved quality of life!



FREE hearing check
(worth \$59)

+

60 day money-back guarantee

Bringing back the joy of hearing

At Bay Audiology, we love seeing our customers rediscover the joy of hearing. We believe that if you hear well, you live well.

At our local Kerikeri clinic, we offer **FREE hearing checks**, and if it seems that hearing aid technology could benefit you, we'll discuss the best personalised solution for you and also offer a **60 day money back guarantee**. This gives you the chance to try them in your own day-to-day life.

Come in and visit the friendly team in Kerikeri at the **John Butler Centre, 60 Kerikeri Road**, or to make an appointment, give us a call on **407 1500**.

**Hear well.
Live well.**



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wendy@lawdirect.co.nz 09 407 3005



Boxing

Leanna Jay, our Head Gardener, won a close fight with her rival in front of a 600 strong crowd at the recent Far North Certified Builders Charity boxing match to help raise funds for Bay of Island Coastguard and Northland Air Patrol. All that training paid off – well done Leanna!



Navy Band Visit

In early August a number of players from the wind section of the Navy band performed to a packed crowd in our social centre.

They played an entertaining mix of swing, dance and classical music which brought back lots of happy memories for many of our residents and in particular for one gentleman who was a navy chaplain in his younger days. Some enjoyed it so much that they later went to the concert at the Turner Centre.



Glasses Collection

As part of our commitment to community service, Kerikeri Retirement Village is teaming up with the Lions Club of Kerikeri to collect unused spectacles for those in need elsewhere.

If you have spectacles you no longer need please drop them off at reception Monday to Friday between 9am and 4.30pm

Diary Dates

Movie

Wednesday 17th September | 2.30pm
In the Social Centre Movie "Beyond the Edge"
Hillary and Tenzing's conquest of Everest.

Community Dinner is Back!

Tuesday 7th October | 5.30pm
In the Social Centre.

Variety Concert

Tuesday 25th November | 6-7.30pm. In the Social Centre.

Upcoming Events

Times and dates to be confirmed.
Check our website for details.

Cinema Cafe Trip

Cinema Café trip to see The Hundred Foot Journey
with Helen Mirren.

Darryl's Lunch Cruise

Darryl's lunch cruise to Haruru Falls.